

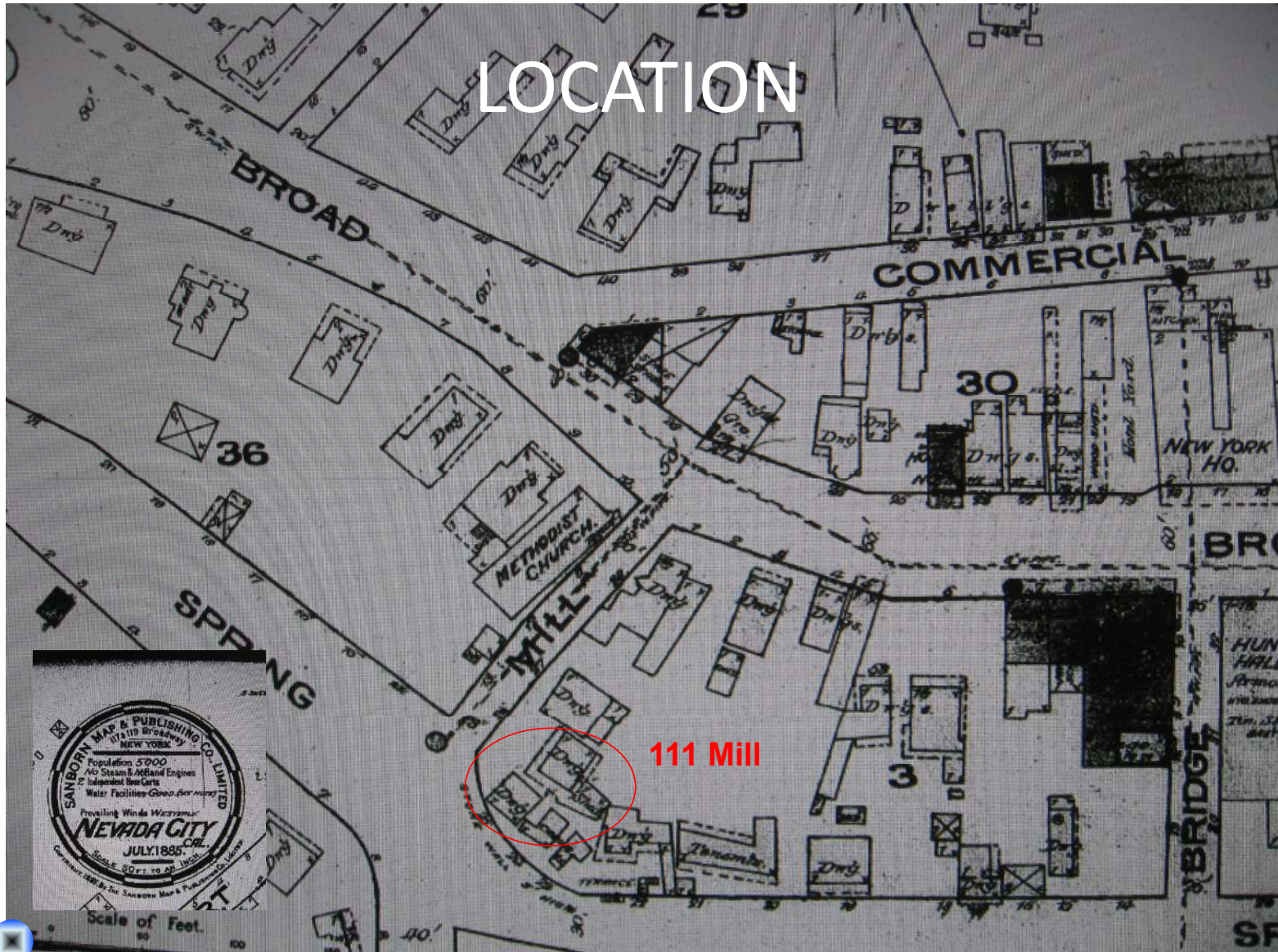
**POS
DREAM HOUSE**



POS DREAM HOUSE

- Located Sierra Nevada foot hills California , 5600 HDD, Poor site for PV due to shading , roof orientation, and historic commission.
- Pretty good house (not a passive house) .
- 1700 Ft² two story, 1880 Victorian plank frame, Rebuilt 2009-2015, no change to exterior building shape.
- .53 ACH50, Above grade walls advance frame 2x6 wall spray cellulose + 1.5" R-max foam continuous exterior sheeting. Below grade walls ICF, 3" continuous sub slab insulation (except for a big rock). Vented attic, R70+ cellulose, Windows double hung wood frame typical north American U .28 & SHGC .18
- Total site energy in 2014 (pre CO₂ water heater) Kwh: 7219Kwh, \$492.29

LOCATION



Purchased house in 2006 Just your
typical California fixer







Combustion safety problems



Evolution of a porch



Wildland fire safety concerns



Step one establish an air barrier





They don't build them
like they use to

The building was out of plumb, out of level and some rooms felt unsafe to stand in.





(BEFORE) TYPICAL CALIFORNINA CRAWL SPACE



ACI - CA Crawl Spaces - Sept. 5, 2012



(BEFORE) NOT SO TYPICAL CRAWL SPACE

Termites and wood bees



Replace existing failed and missing foundation



ICF used due to proximity to neighbors houses, zero lot lines in historic town resulted in potential encroachment issues.

140 yards of dirt and rock hand excavated from under the building for the foundation upgrade.





Raise the Building



One key benefit to raising the building is the opportunity to add an effective capillary break between an existing or new concrete foundation and wood framing of the building. This capillary break can be a building gasket to create a more pliable air barrier at a critical joint.



CAN THE BUILDING BE LIFTED, OR DO WE HAVE TO WORK WITH IT AS IS?
If the foundation is shallow, buckled, or unsound it might be time to replace it.

Below grade applications

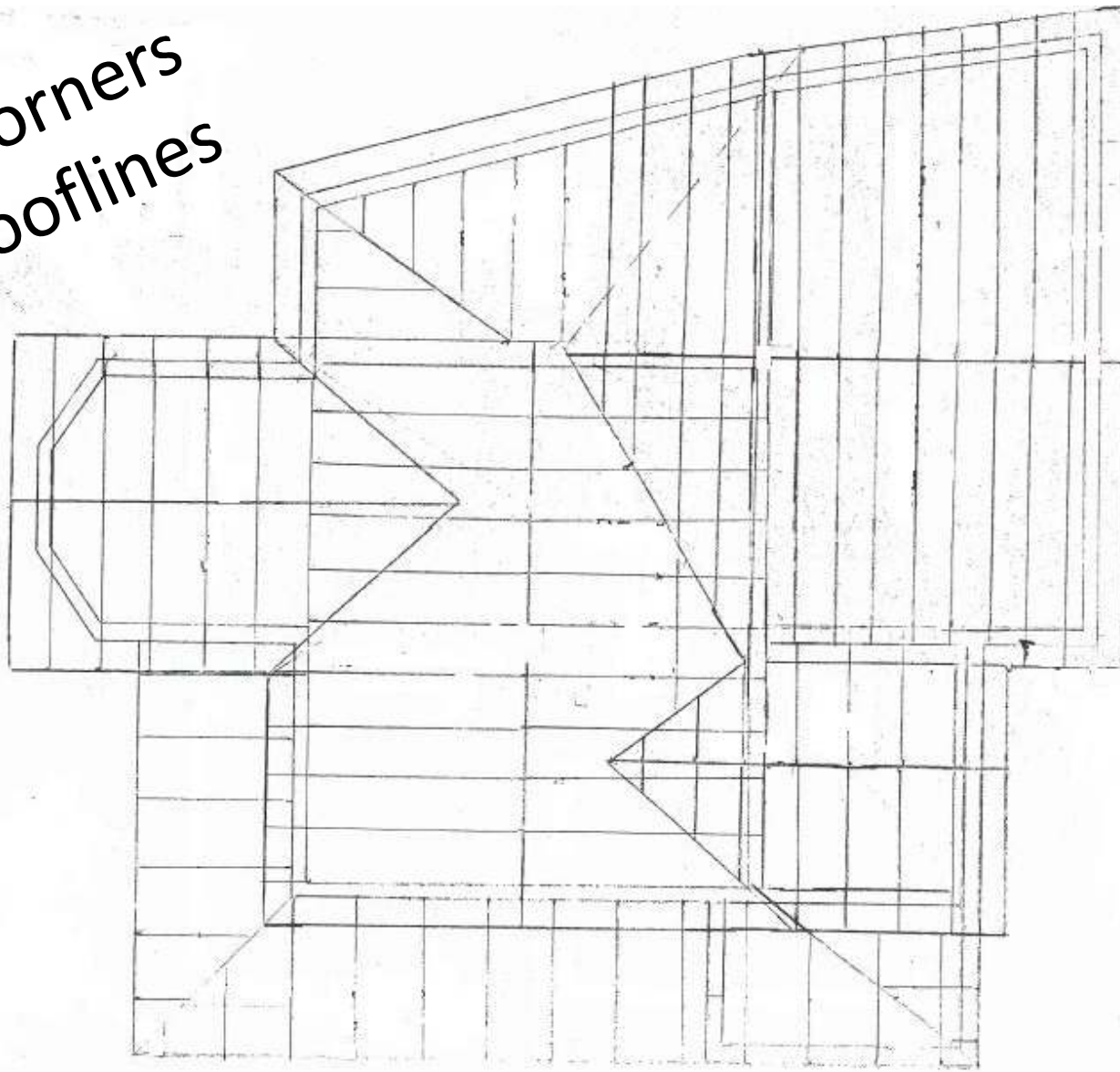


**XPS foam board on grade crawl
space/basement 3 inches over vapor barrier**





21 corners
7 rooflines



Save what ever we could for reuse.











Wall spray Cellulose application

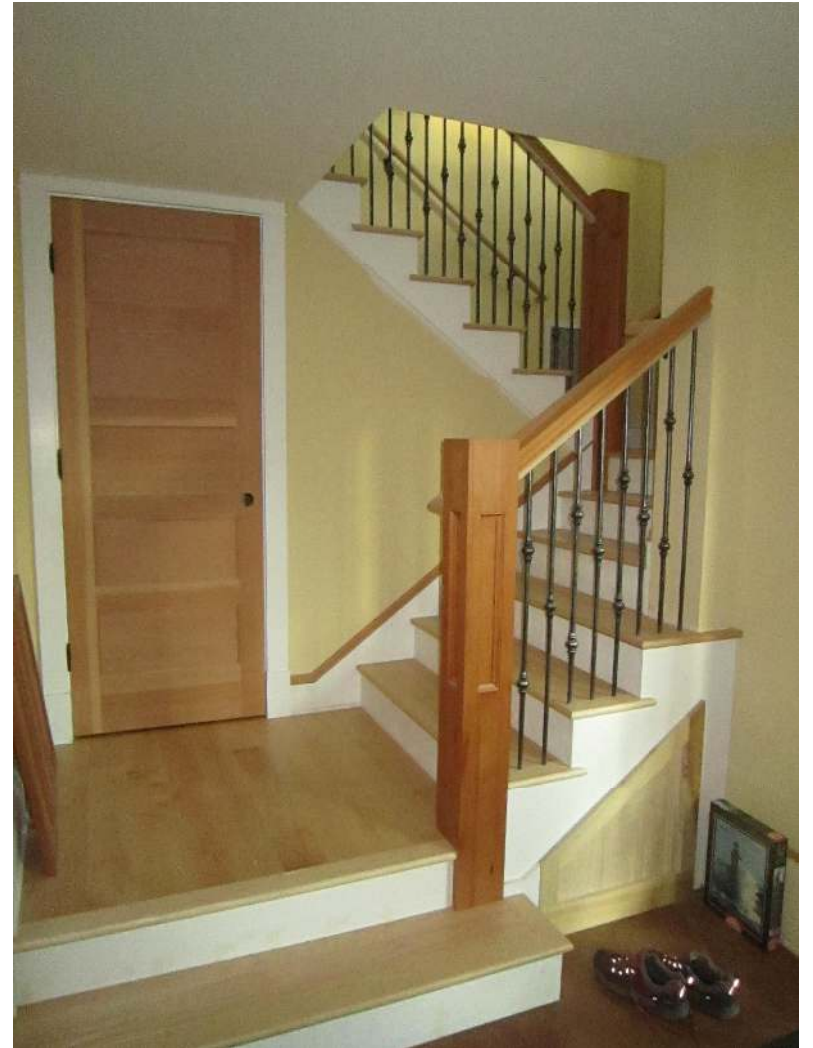


Cellulose behind netting at rim joists



FIRST BLOWER DOOR TEST .59 ACH 50







Evolution of the mechanical systems



Original Mechanical Systems



12 year old back drafting natural draft water heater vented to the attic



15 year old natural draft furnace installed with no return air duct, return siting directly on dirt, and a single supply duct with booster fan.



wood fire place all kinds of problems

New Mechanical systems



First Co hydronic air handler with ECM motor and low total external static pressure, paired with a condensing tank water heater rated at 97% efficient.



Supply and return water delivered through 1/4 " mini-split line set tubing. Open loop system for system simplicity. All water run at 120F, controlled BTU output through restricted flow to hot water coil

Average Site Characteristics
5 minute data average Dec 15 2012-Jan 31 2013
This is indicative of the baseline condition of the house

37 °F outdoor temperature

67.3 °F indoor temperature

System run time 745 out of 1104 hours (67%)

Water heater inducer fan energy 13.32Kwh (\$1.73)

Air handler fan and pump energy 71.66Kwh (\$9.32)

total daily gas consumption 1.15 therm/day (81% space heat,
19% DHW)

Average 92,000 BTUS heat per day

Average run time 16 hours, Max run time 22 hrs, minimum
run time 11 hrs

3400-4600 BTU/hr output depending on water heater
efficiency.

**Inexpensive ways
to gather data**

wifi T-stat

wifi T-stat

wifi T-stat

smart plug

smart plug

PGE smart meter

PGE smart meter

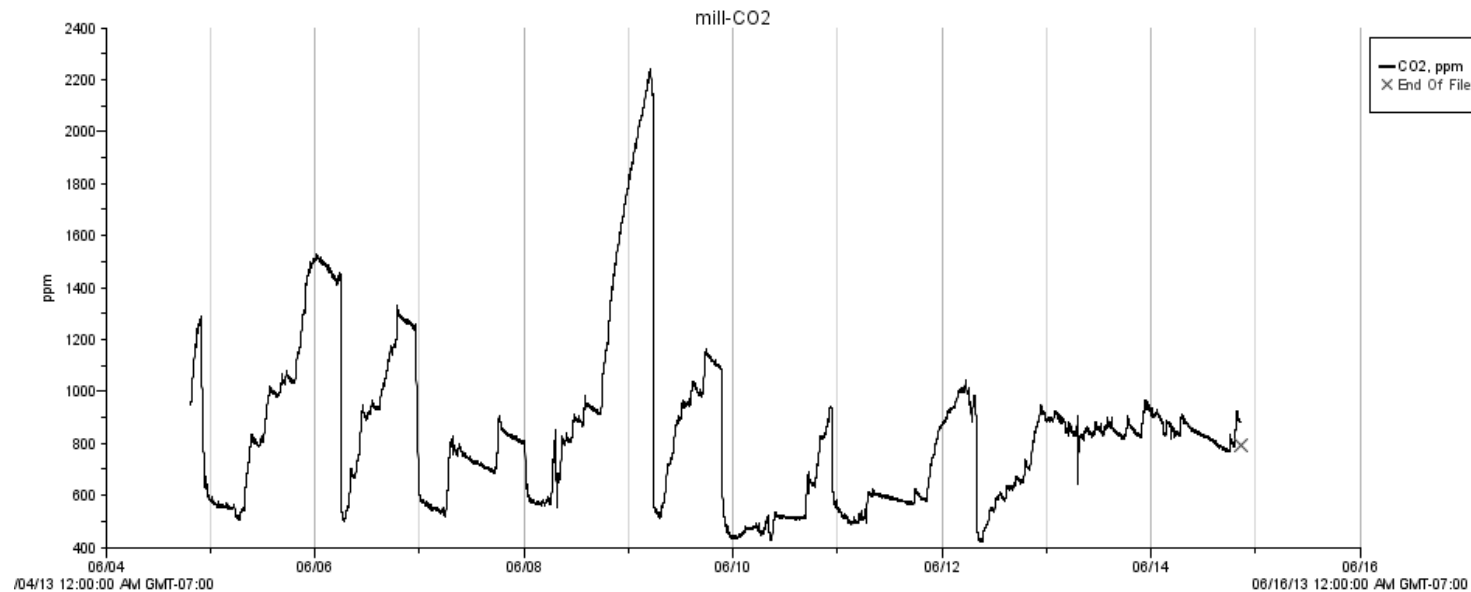
wifi T-stat

onset data loggers: water flow and
two external temp sensors

HEAT RECOVERY VENTILATOR with low static high performance distribution and site built filtration of out door and indoor air.

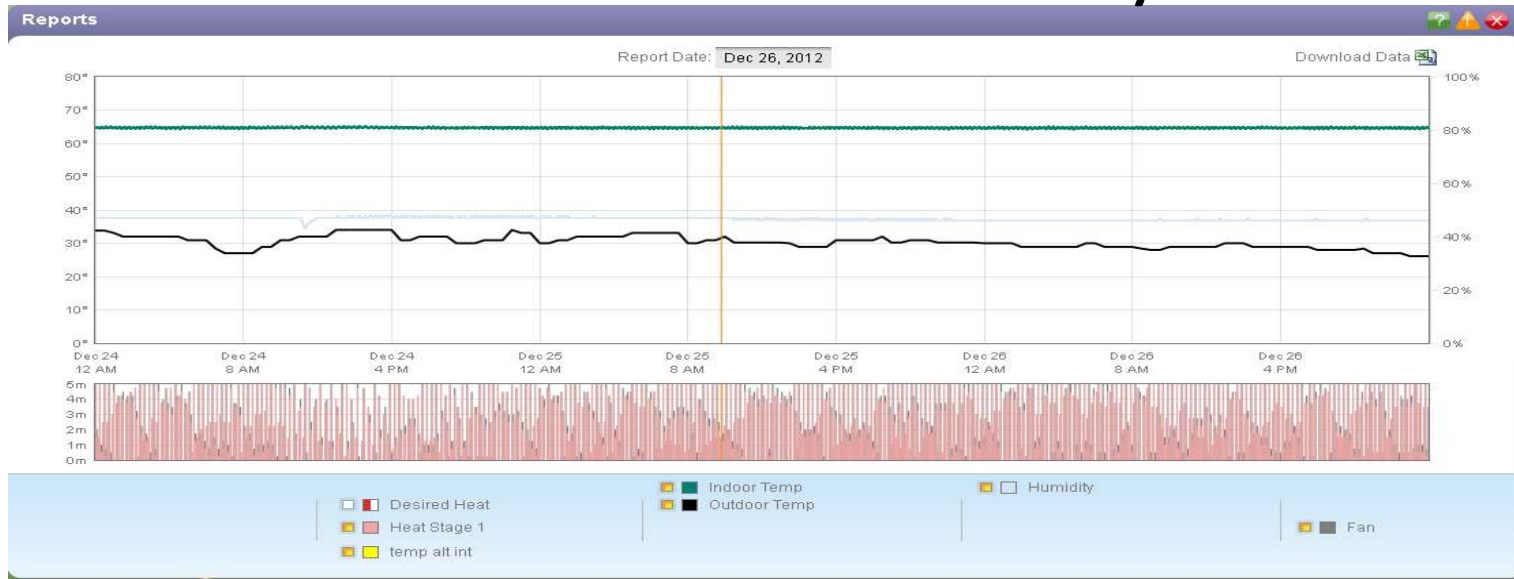


Ventilation Rate Proxies



Monitored CO2 rates for a year after initial occupancy: Chart above represents typical peaks in closed house conditions when the ventilation system is off. Note this is based on primary strategy of summer time night cooling with no mechanical ventilation during the day, house closed conditions.

Winter test with ventilation system off



This graph shows run time on hydronic system set for 65 degrees 24/7 during a vacation period at design day temperatures with no ventilation system running, house closed tight and very limited miscellaneous plug loads that would add heat to the building (no lighting).



Low load hydronic heat

Retrofit Application Pre condition Dec-4-2012 to
Nov 13, 2014



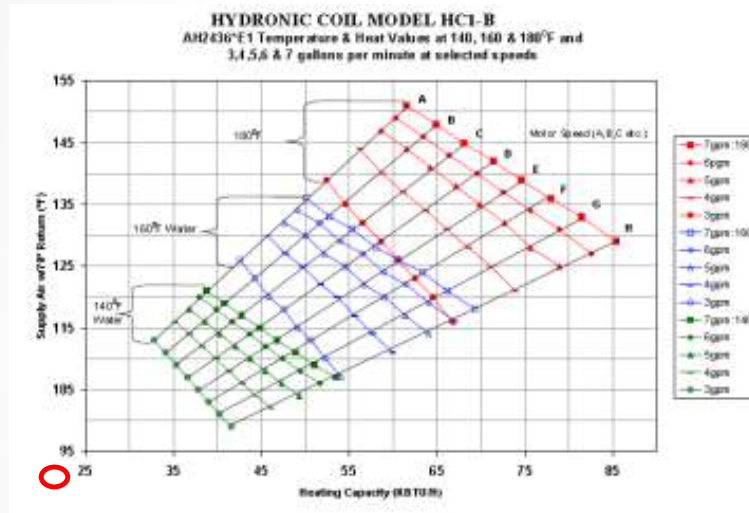
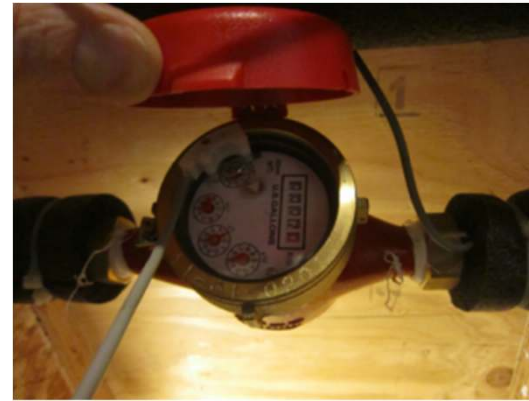
- Two years of monitoring performance, energy consumption, comfort and responsiveness.
- First Co 24VHBQB hydronic air handler, configured in an open loop. Equipment modified to run circulation fan as single speed heat only.
- Plumbing loop ¼" refrigerant tube for open loop circulation system to regulate the flow and control the BTU output to 3500-4500 BTU/hr.
- Original water heating plant: AO Smith GDHE-50 Power Direct Vent, 50-gallon tank, 100,000 BTU gas burner, **rated** thermal efficiency of 96%, and a recovery rate of 129 gallons per hour.



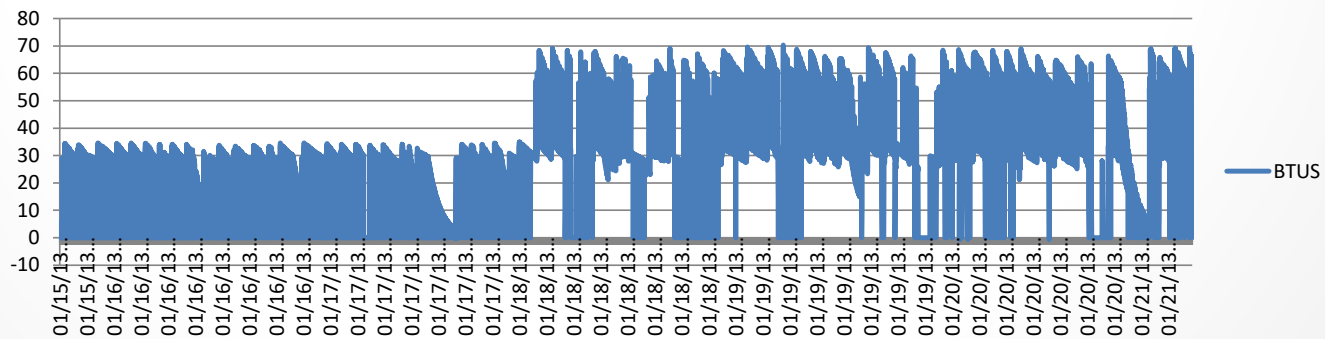
Combi heating lessons:

- Lower water flow rates (.3GPM-1GPM) are a method of achieving low load heat delivery.
- Lowest possible water temperature (particularly return water temperature, particularly with condensing equipment.)
- Low resistance for variable speed pumps means lower watt draw (and higher out put)
- High resistance for single speed pumps can be used to reduce watt draw and restrain output.
- Large unrestricted coil surface area for low fan energy
- Heat only systems allow greater freedom in design airflow
- Don't let manufactures engineering charts dictate design for high performance
- Cold air blow is not a problem for well designed high performance systems.
- Combi systems can be used as a battery to extract heat during more efficient operation hours.
- Combi systems are best for heat only applications, but can be tuned more granularly to meet specific heat outputs, particularly low load outputs.

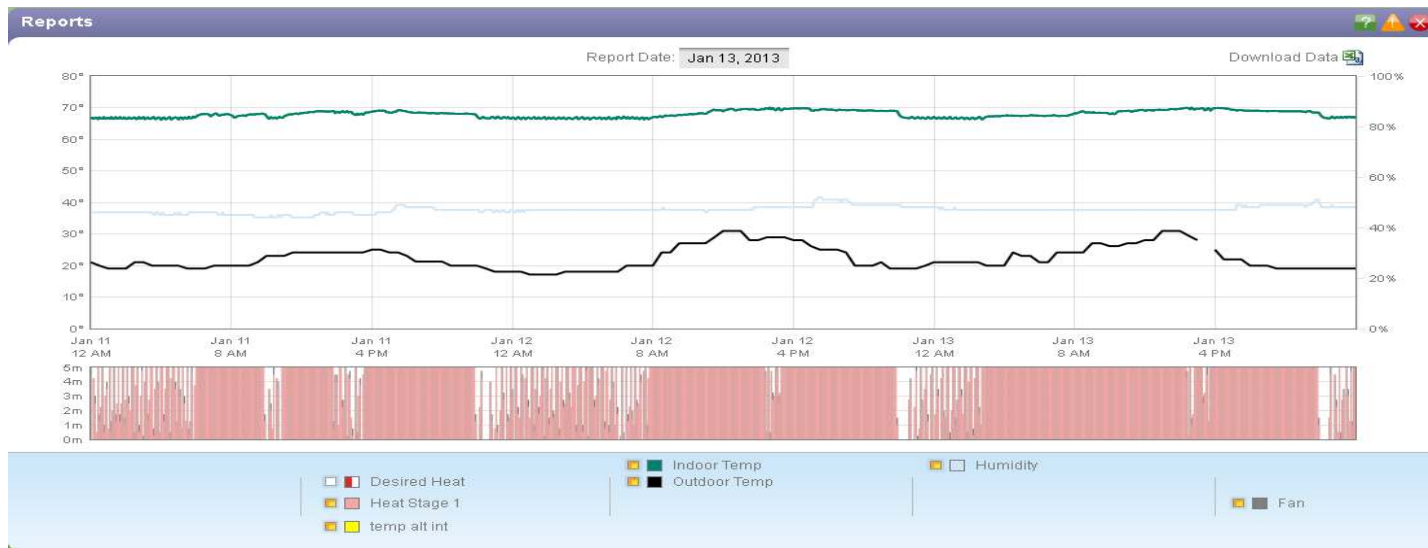
Commissionable Heating systems



BTUS

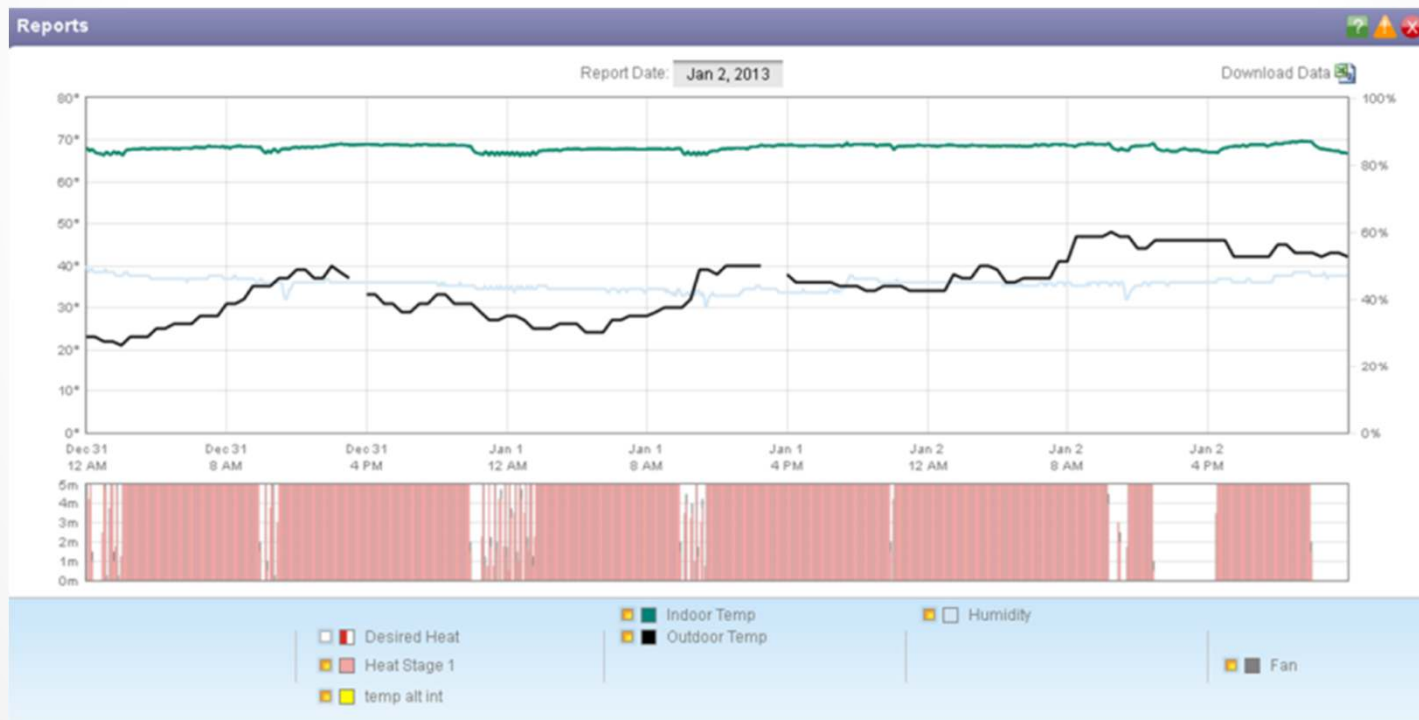


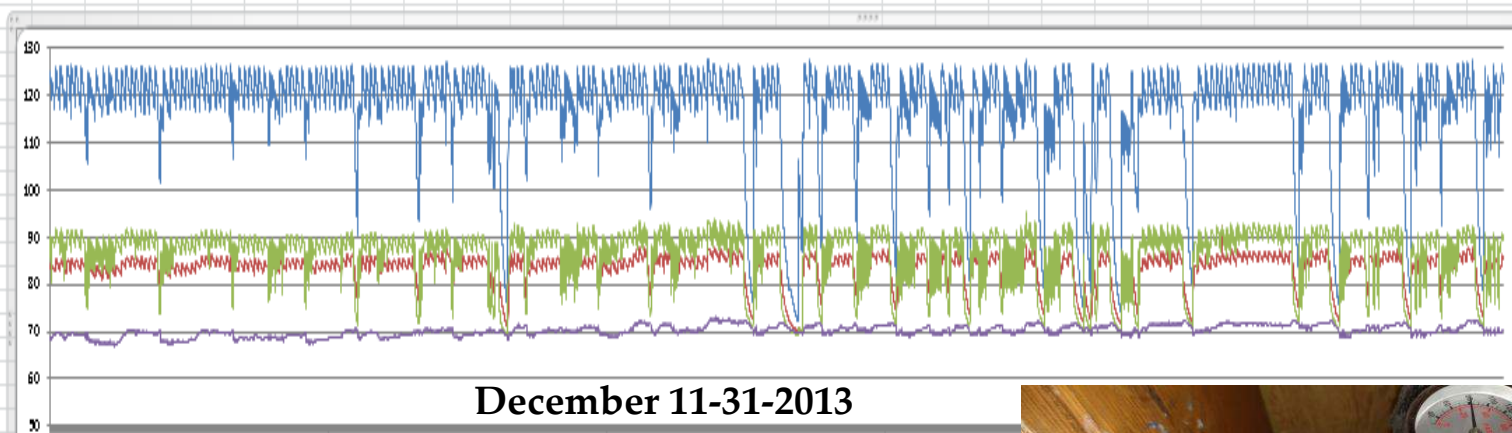
Design day run time



Notice the pink bars at the bottom of the graph this system is well sized, and has smooth run times that correspond with the users set temperatures.

temperature set backs not useful for this enclosure





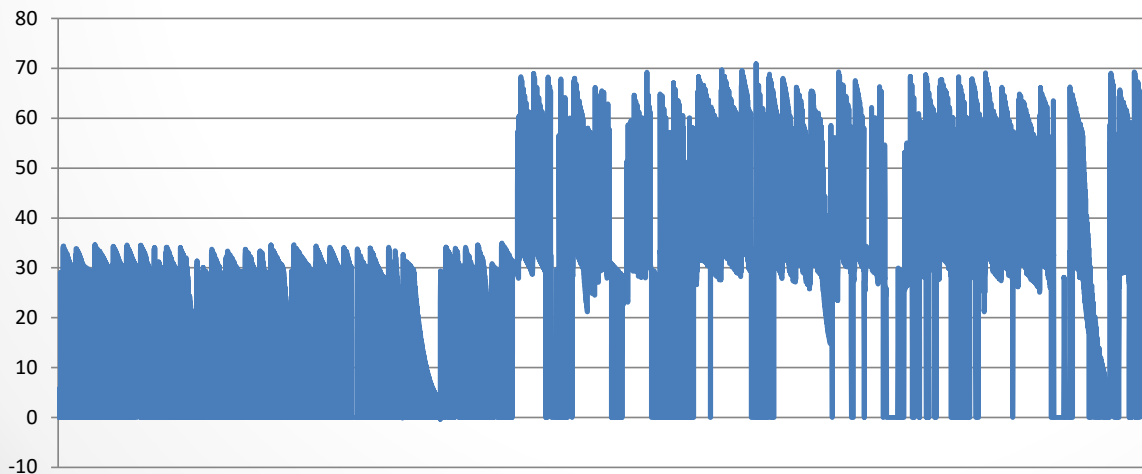
December 11-31-2013

Average water supply temperature 117.5°F

Average water return temperature 83.49°F

Average air temp supply air 86.32°F

Average air temperature return air 70.21°F



Average hourly
BTUs from gas
heated water
1800-4200 BTU/ hr.
— BTUS

Average hourly
BTU from fan and
pump
229 BTU/hr



UPDATE TO HEAT PUMP

WATER HEATER

Retrofit Application Initial Condition
Nov 13, 2014 to Dec 29, 2014



- AO Smith Vertex removed, Sanden split system CO2 Heat pump water heater (GAU-A45HPA) and matching 80 gallon stainless steel tank (HP31555D) installed on Nov 13, 2014.
- First Co 24VHBQB hydronic air handler remains (no airflow adjustments) manufacture's taco 006 pump (35W) removed and replaced with Grundfos Alpha Pump, set on constant flow low speed, water loop upsized to 3/8 inch pex to reduce friction for variable speed pump.



Open Loop hydronic system





COLD IN

TEMPERATURE

Flow through expansion Tank

About install

Tempered hot

Tempering valve (not visible)



Hot from HI

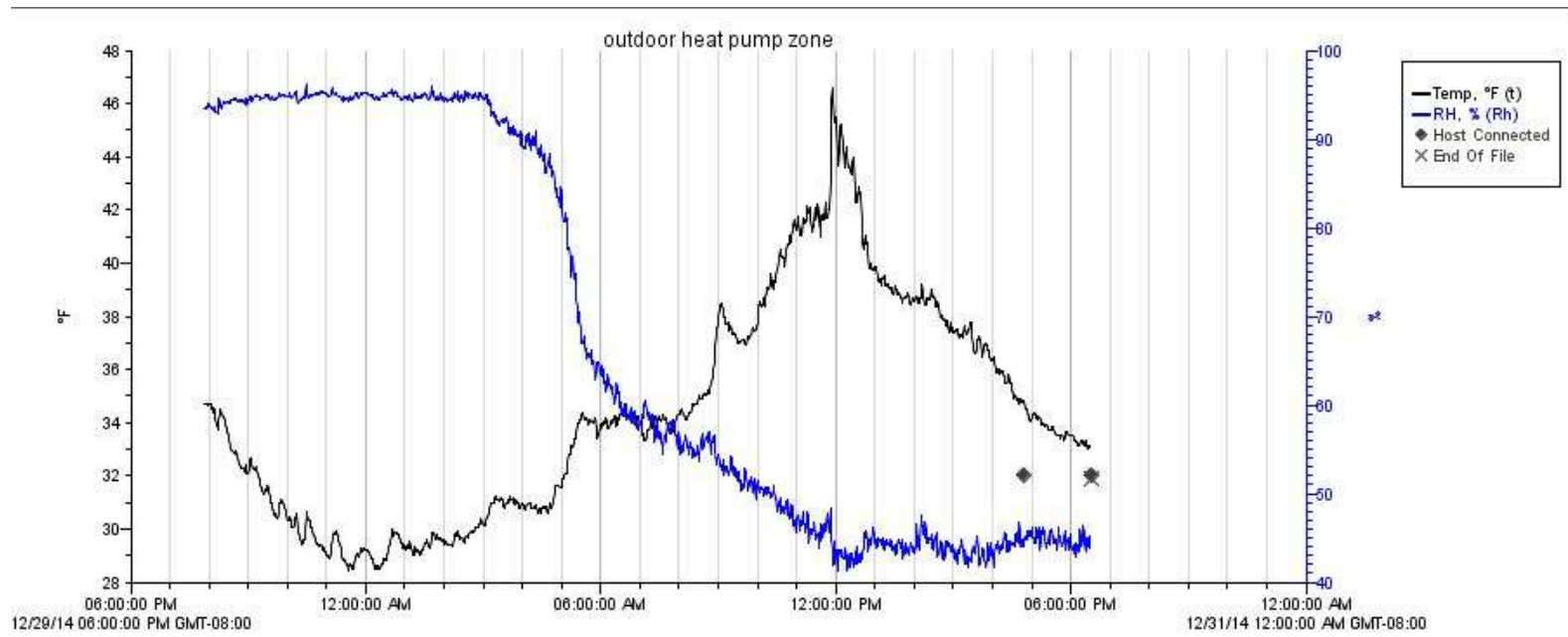
Hydronic return

Demand recirc

T&P

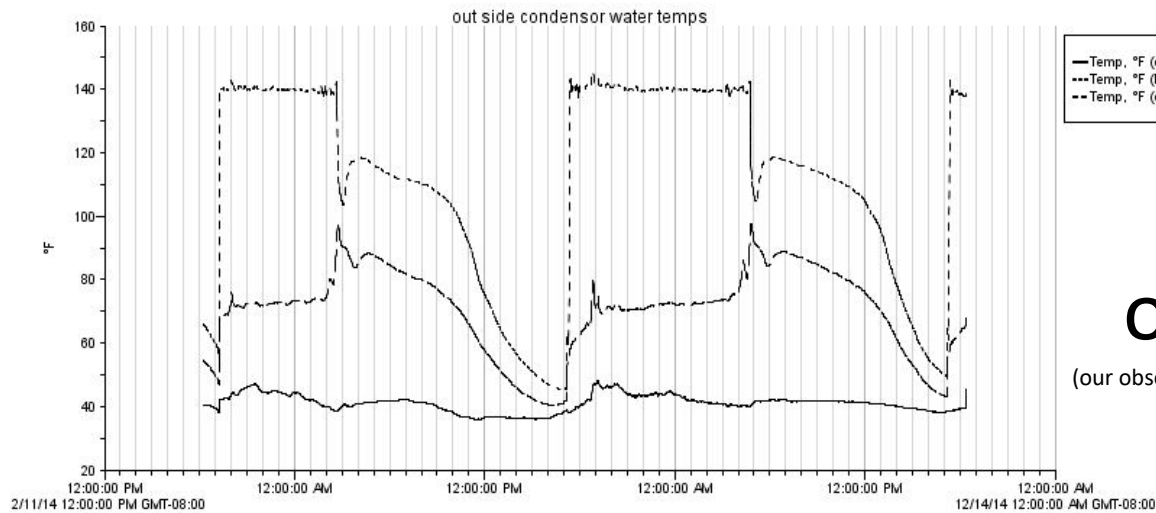
Cold to Condenser

Goal: Optimize CO2 heat pump for climate



Typical 20-50F Delta T between Day time highs and night time lows

- Run heat pump at optimal day time hours (highest outdoor temps)
- Lock out and use tank capacity as a storage battery for colder evening hours.



Not like
other HPWH

(our observations, not manufactures recommendations)

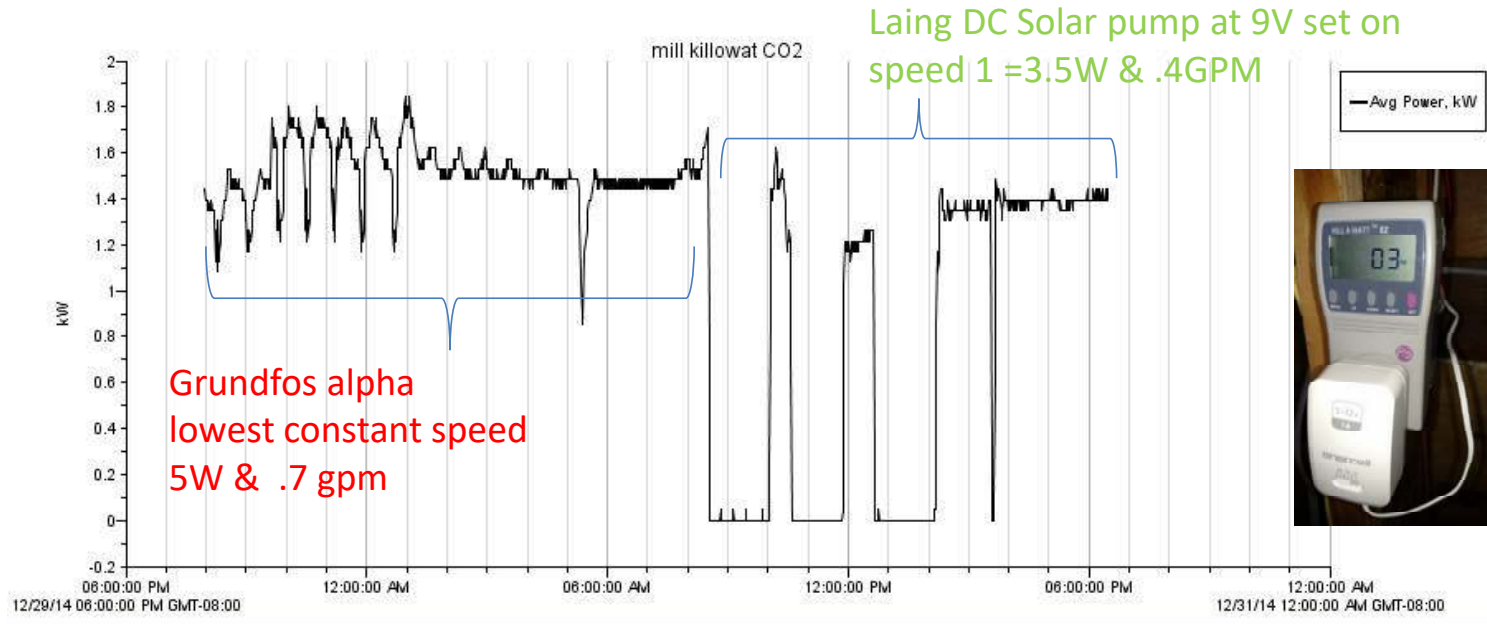
- Despite no back up heat extremely fast recovery of useable water, due to tank stratification.
- Does not impact interior air temperature or sound.
- Compressor is more quiet than the combustion vent it replaced.
- Starts producing 140F+ water within five minutes of cold start regardless of outdoor temp. (lowest monitored in this study period 20F)
- From full cold (80gallons) hot showers can be taken within 30 minutes of start up. (the tank is not satisfied but is sending out 120 after the mixing valve with in this timeframe.
- Recovers from being shut off overnight, even when starting at subfreezing outdoor temperatures.
- Has a built in time of use lock out which can be used to control one on off in a 24hr period.

Built in time of use clock

Blocked out from 11pm-9am

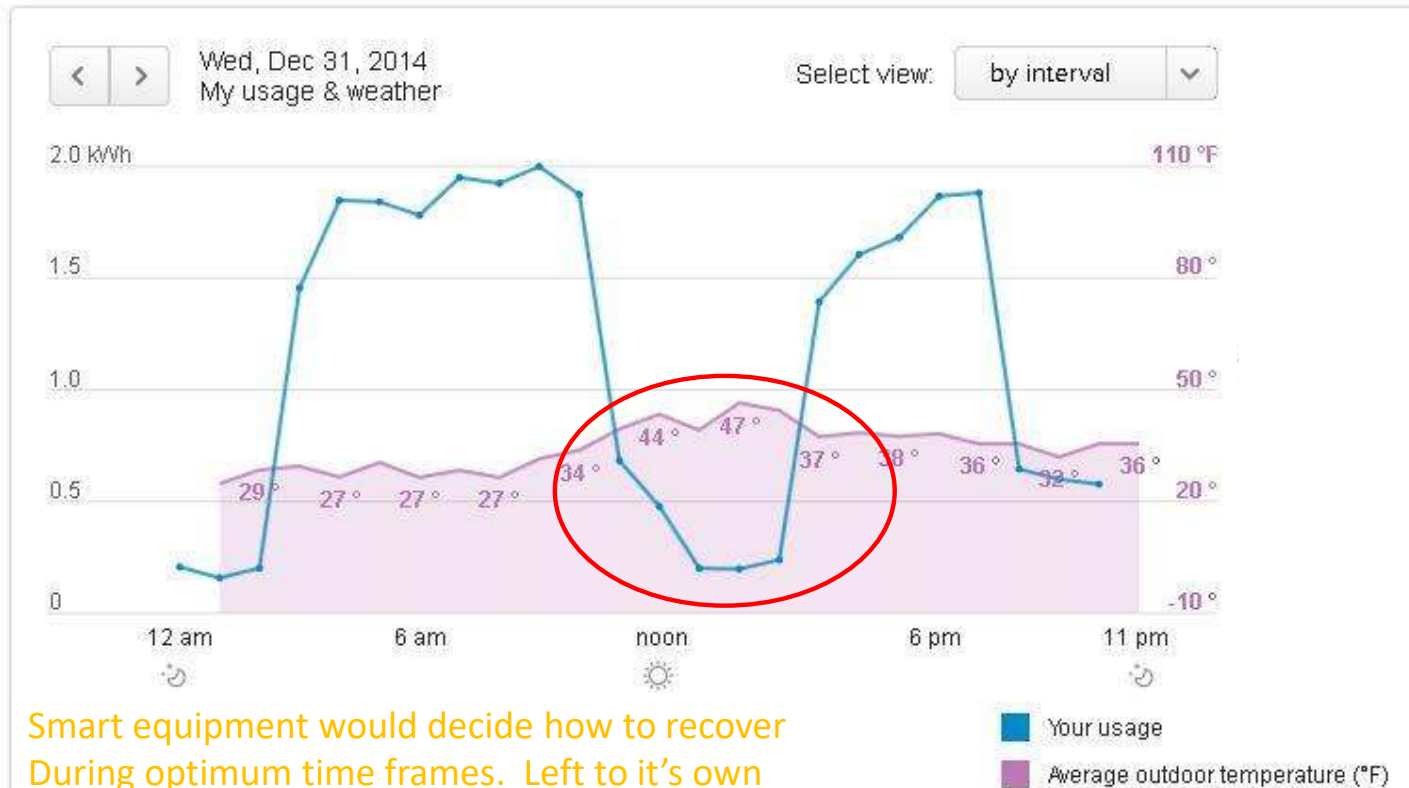


Pump change out impact on heat pump cycling energy



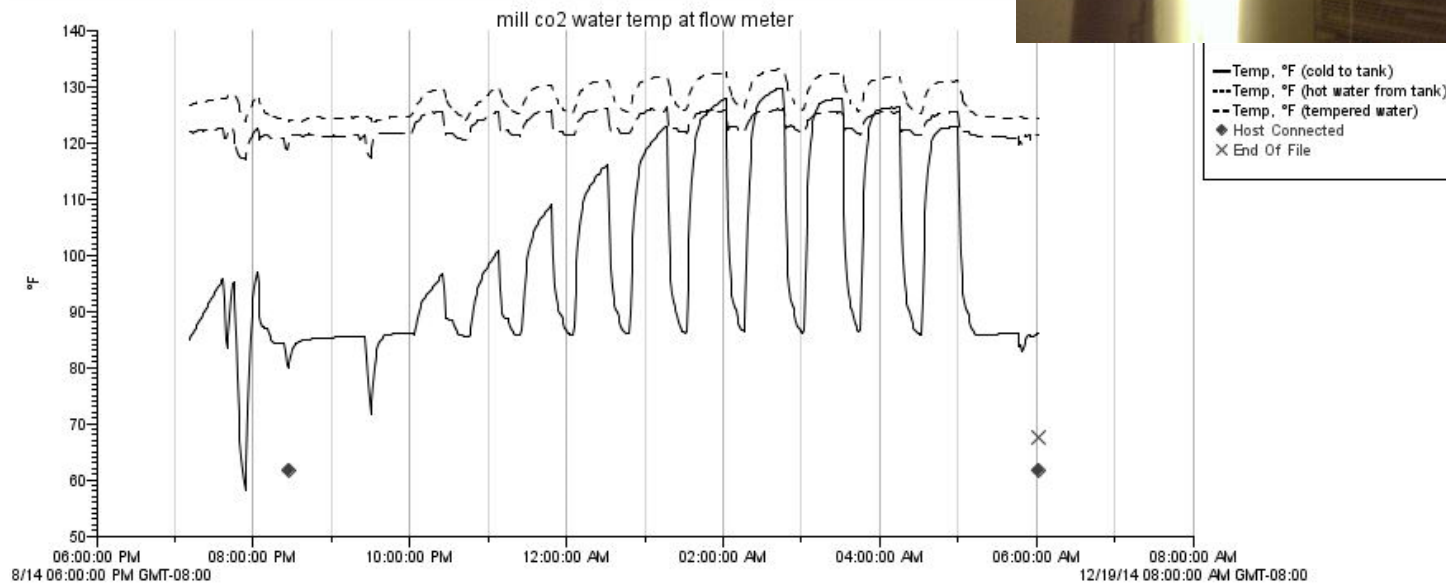
My Energy Use

Select fuel type:



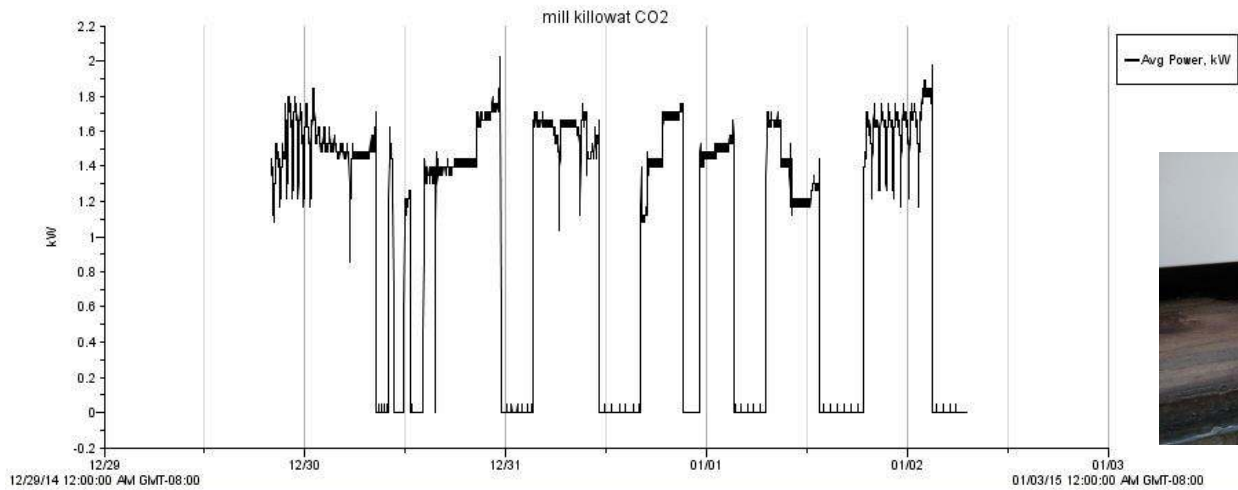
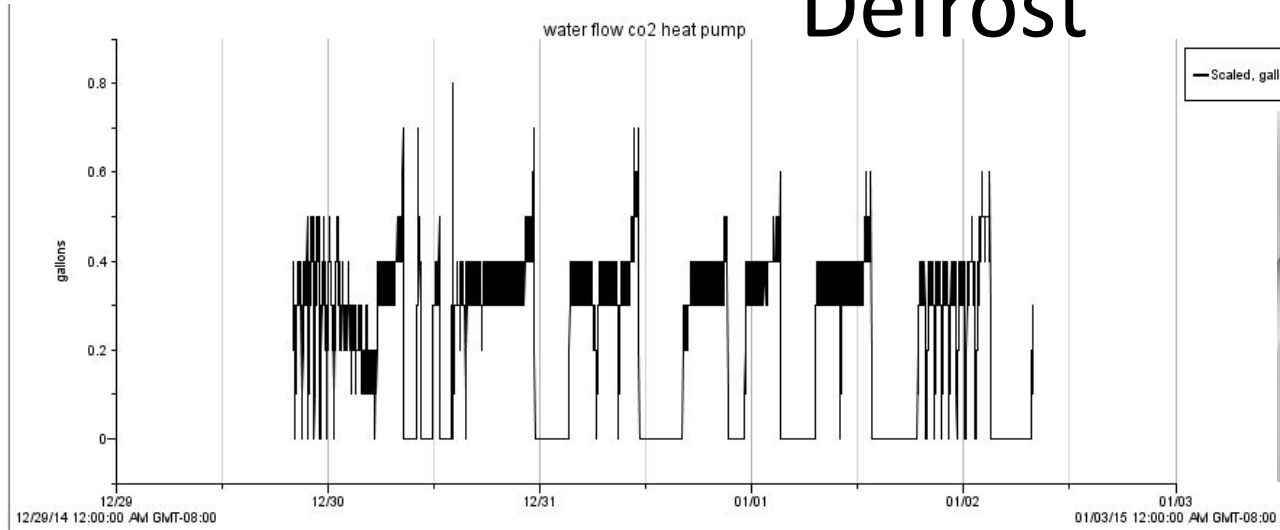
Smart equipment would decide how to recover during optimum time frames. Left to its own devices the heat pump satisfies tank temp at the worst time frames for efficiency. A simple control can override this decision.

Tempering Valve



While there are solutions for tempering valves that are better regulated it is difficult to do with out creating a closed loop system which has pumping energy consequences.

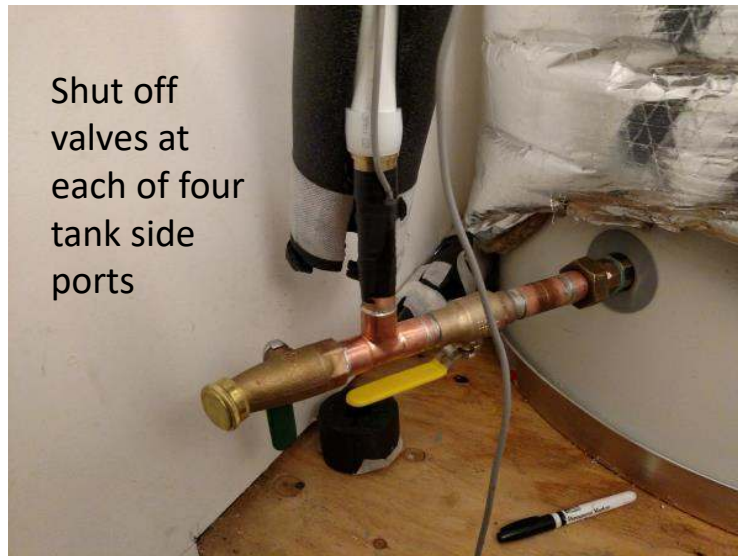
Defrost



WARNING: OVER PRESSURE



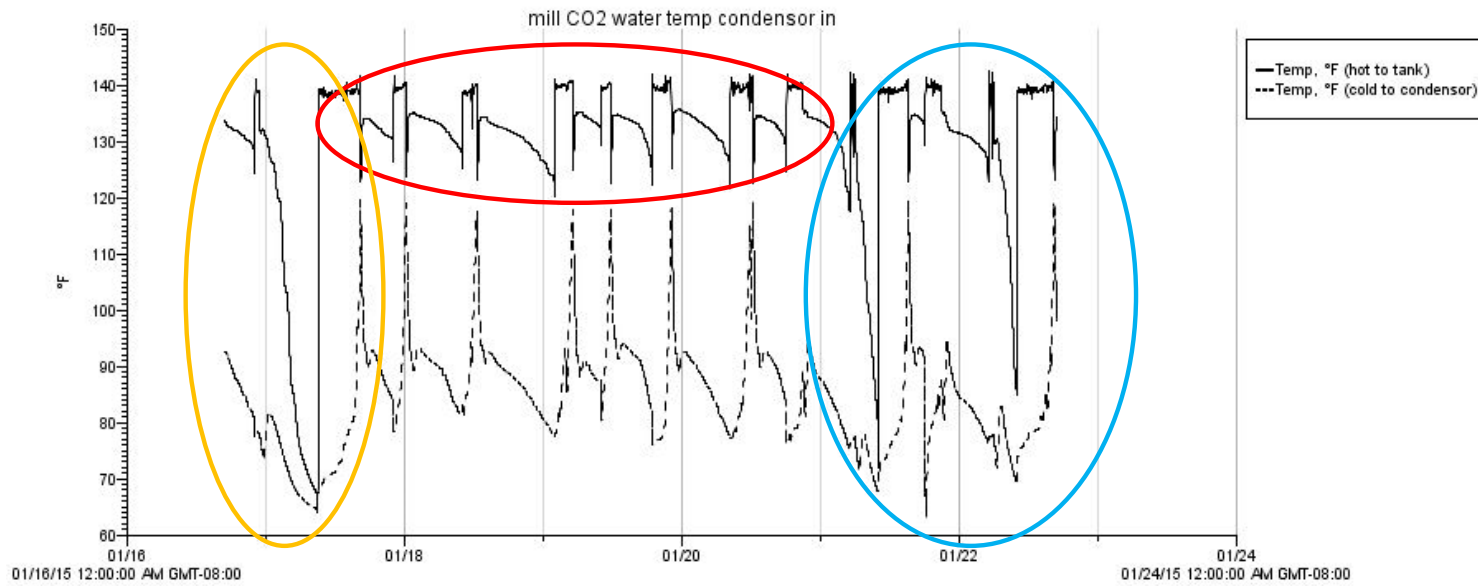
WHAT WE WOULD ADD...



Heat Trace



240V scheduler



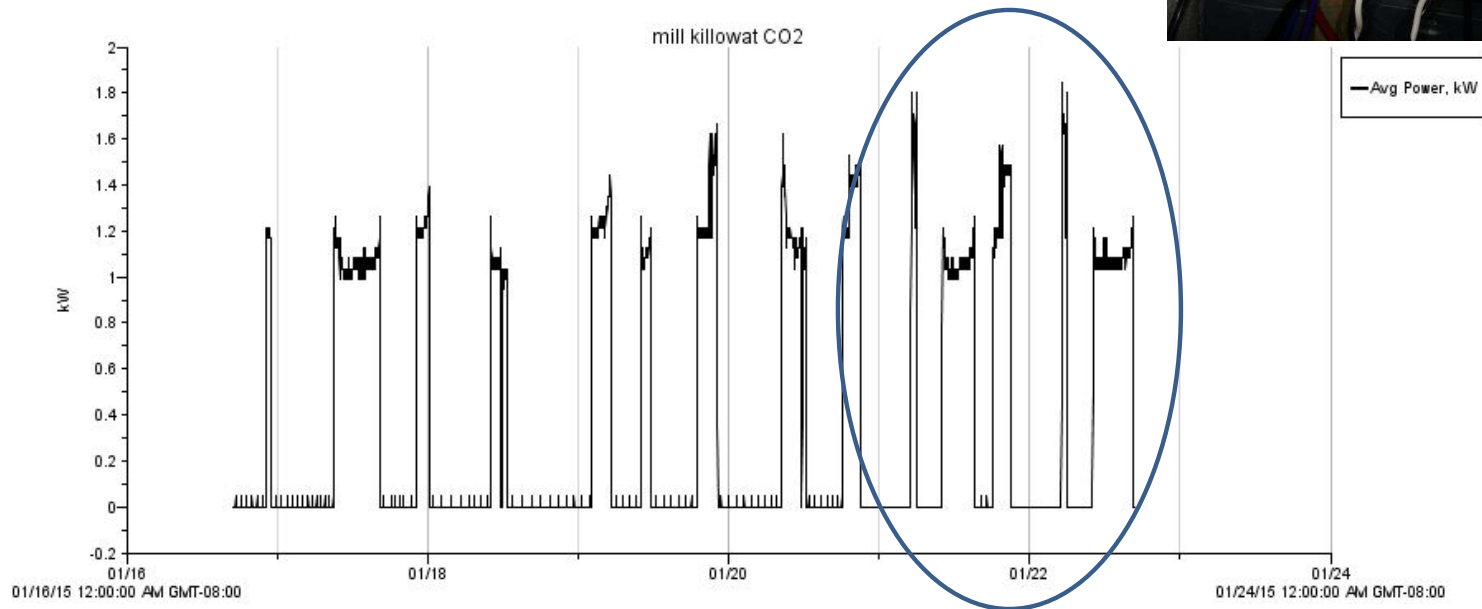
Sanden Time
of Use
lockout

No Lock Out

Insteon
Scheduling

New lock out pattern

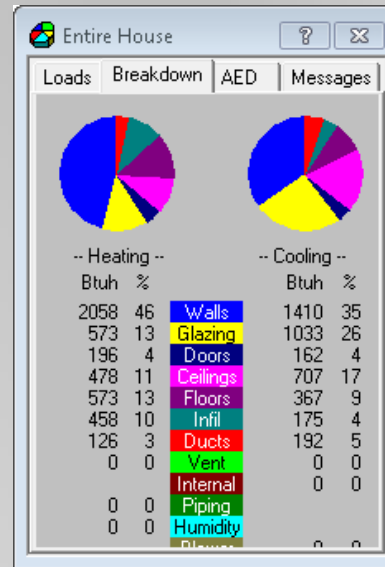
1 hr morning recovery 5am-6am
allowed to run between 10am-9pm



Using a Thermostat to check your manual J and other interesting things

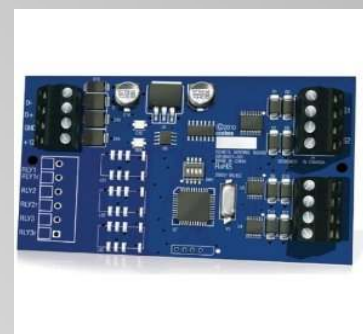
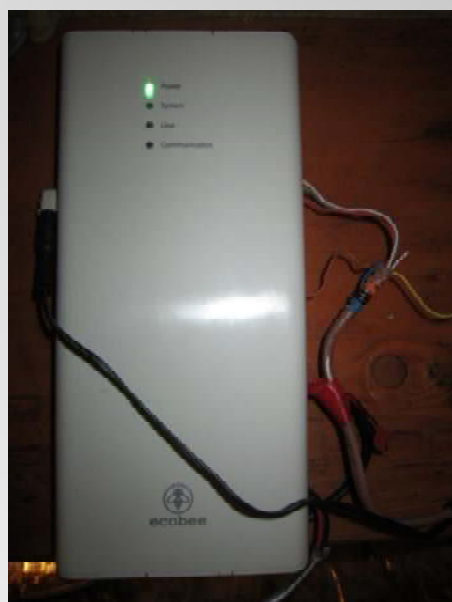
“Rutkowski estimates that only 10% of heating and cooling equipment sizing decisions are based on some type of Manual J calculation and that less than 1% of the jobs are based on an aggressive implementation of the recommended design procedures.”

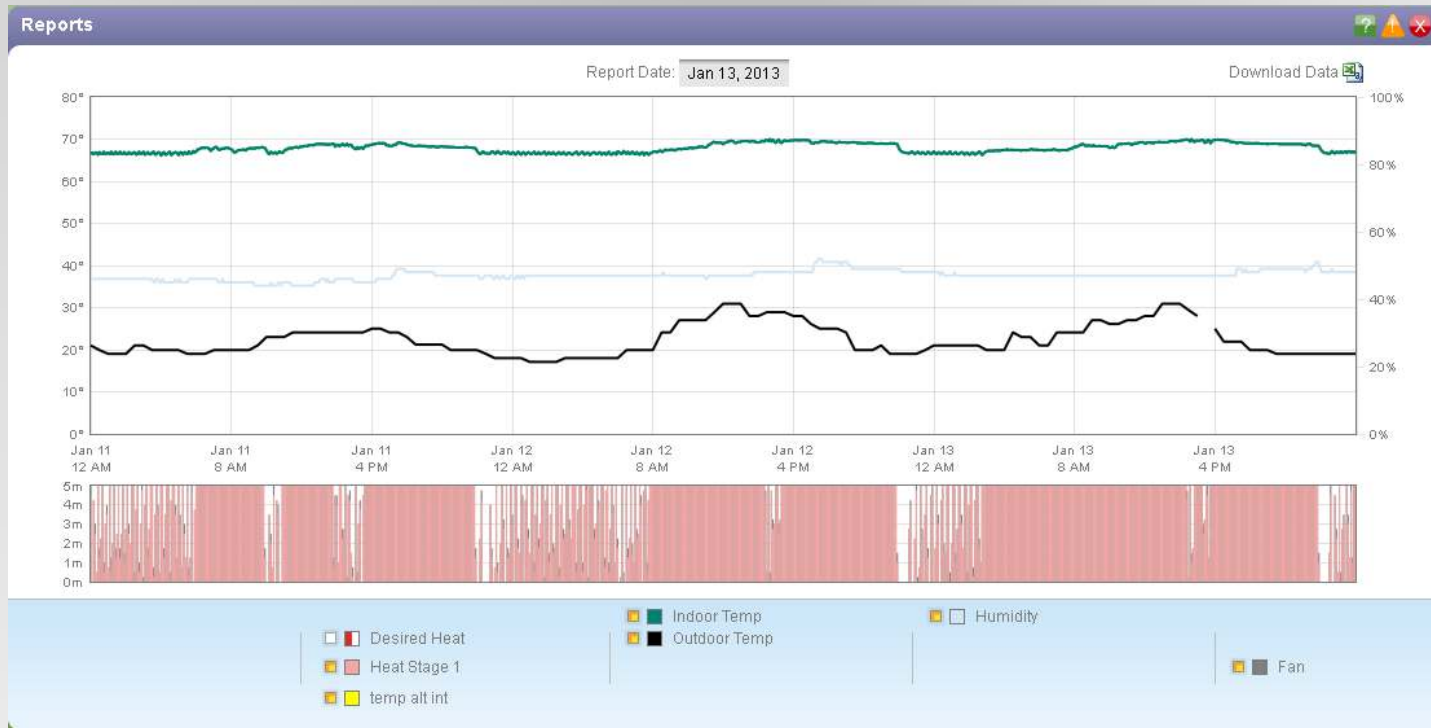
Holliday



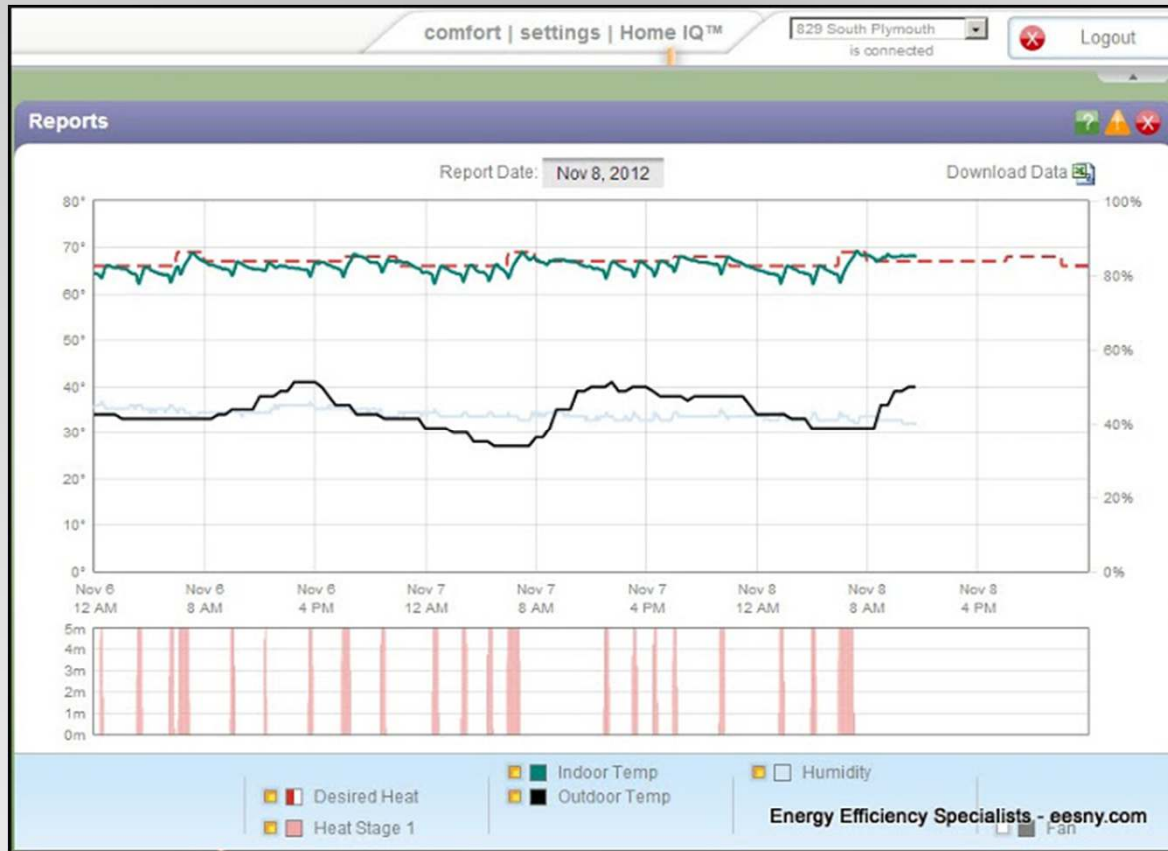
Gavin Healy, Balance Point Home Performance

Thermostats evolve into data loggers

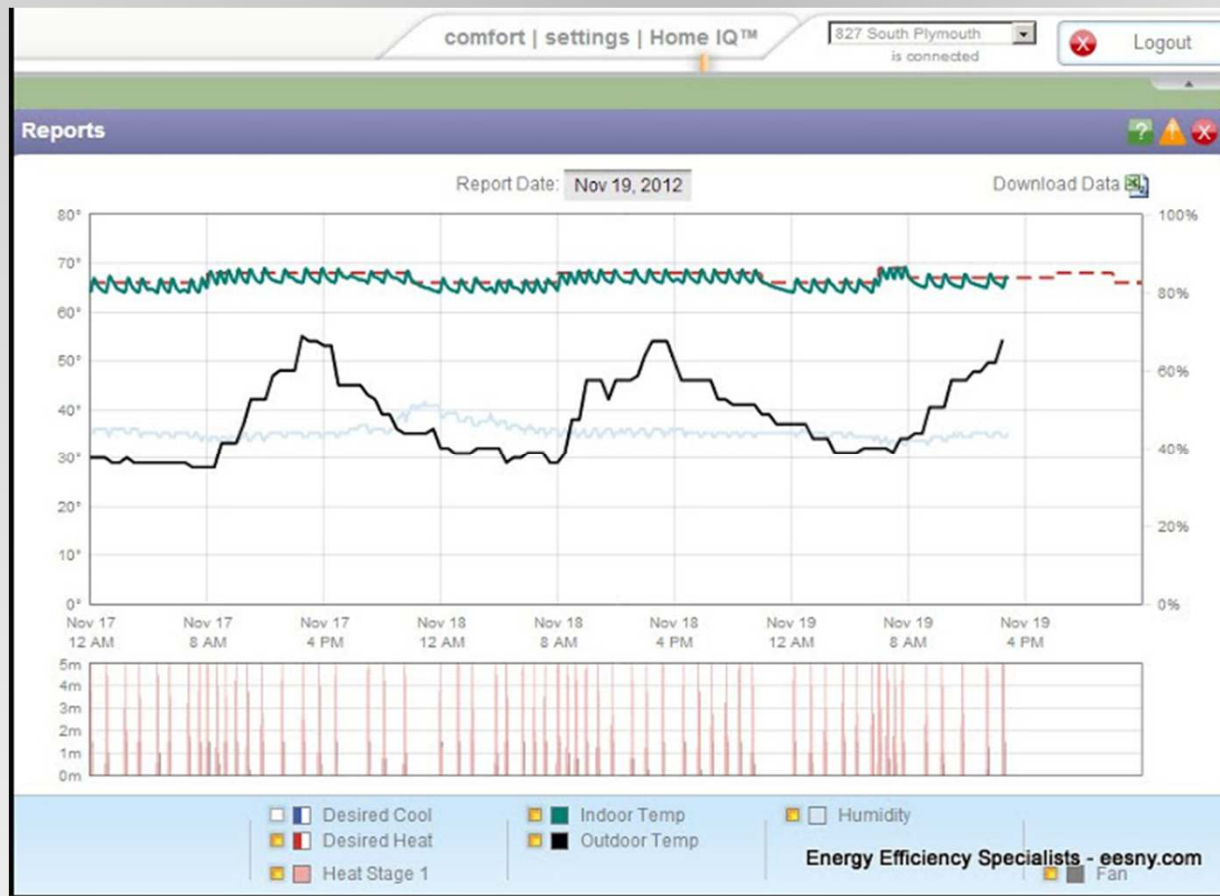




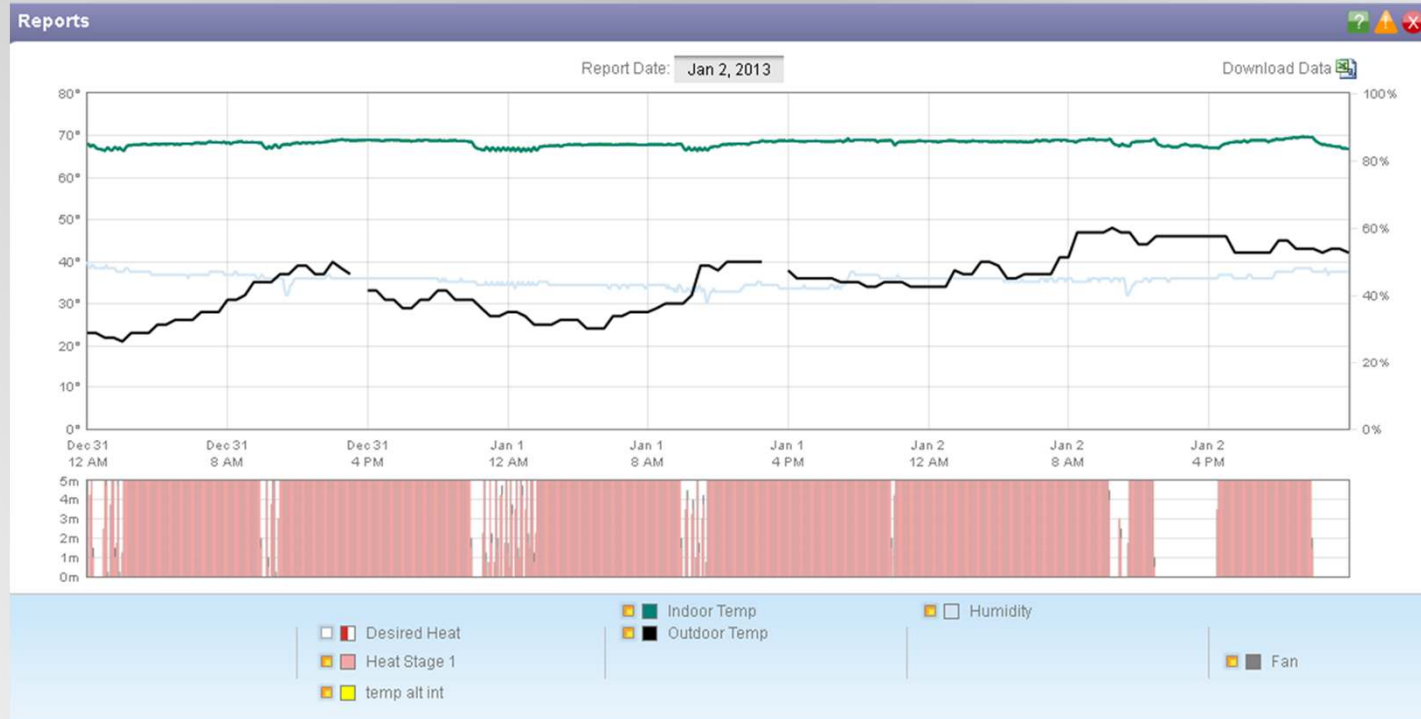
This graph shows run time on hydronic system set for 70 degrees with evening and afternoon 3 degree set backs and exhaust only ventilation system with a single window open 1.875 square inches normal house operation.



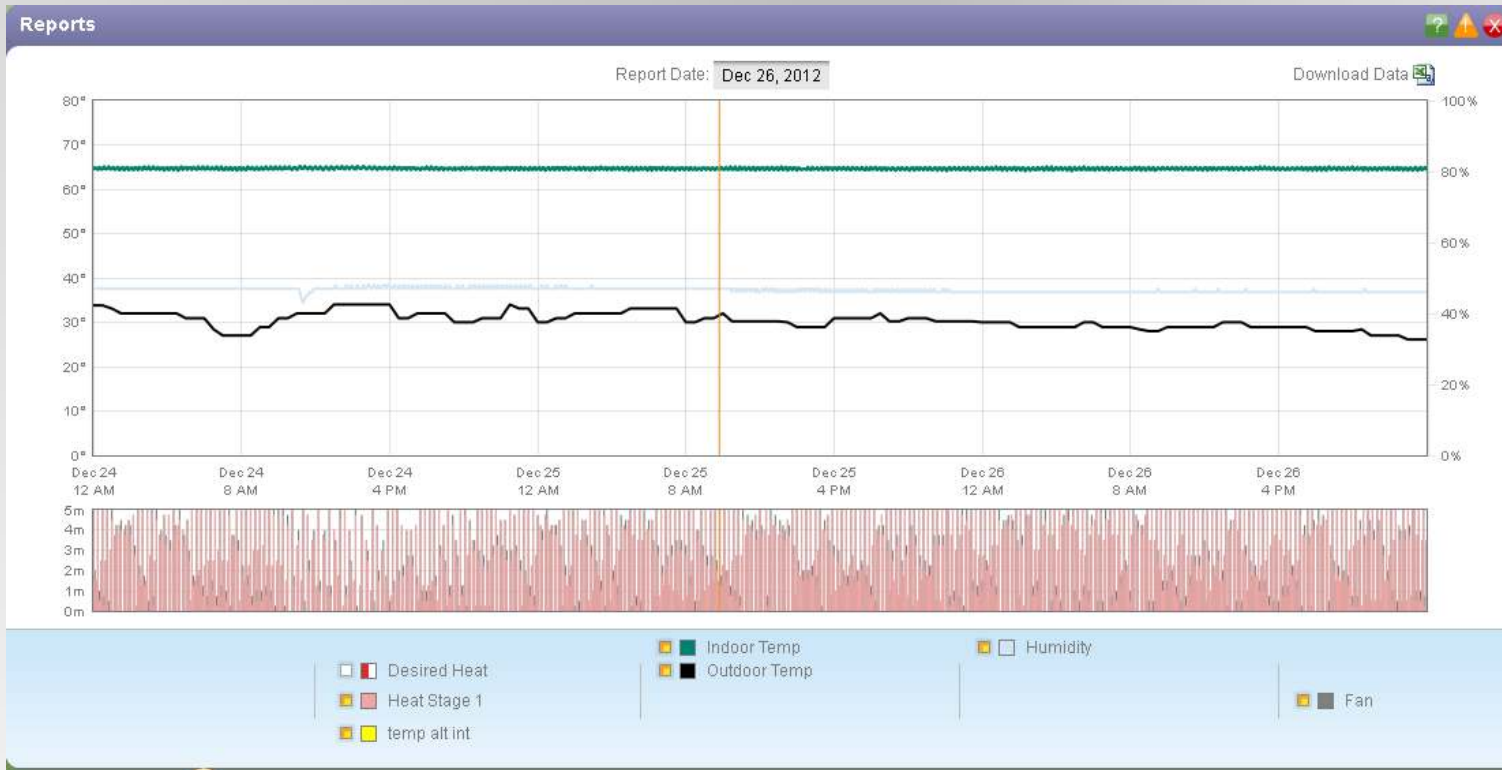
What does it look like when the heat is mismatched to the load.



Short cycling becomes more evident when the outdoor temps clime

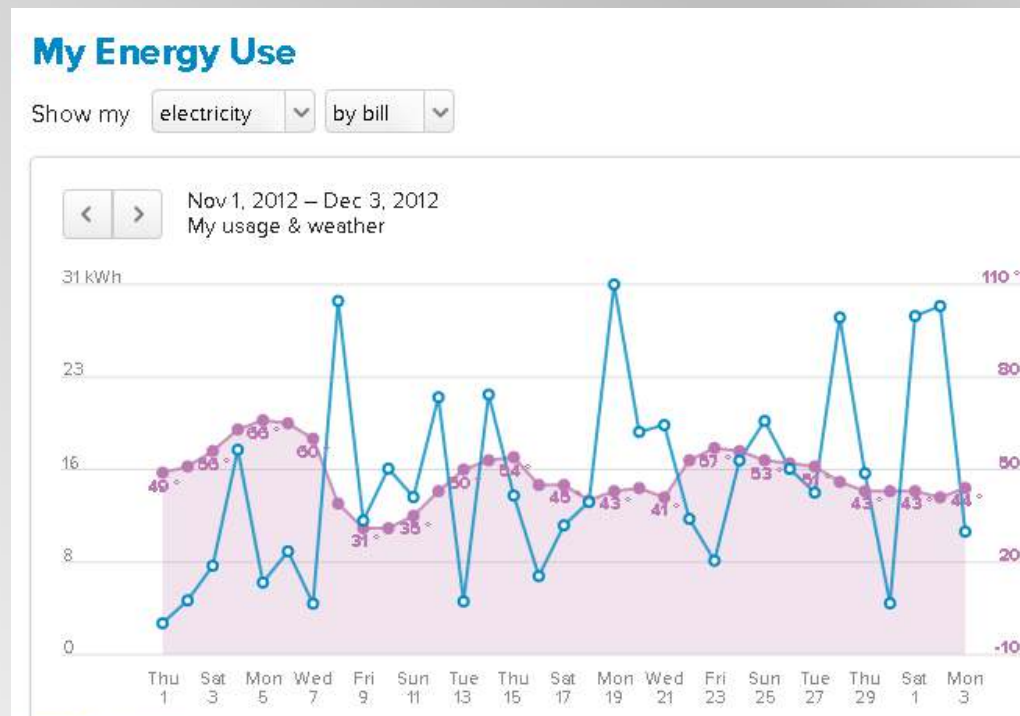


Some heating systems can be locked into manage comfort better. Since the loads are low but consistent on this house, the hydronic air handler allows us to restrict the heat output. One shortfall of better equipment is that you may not be able to override proprietary manufactures controls.

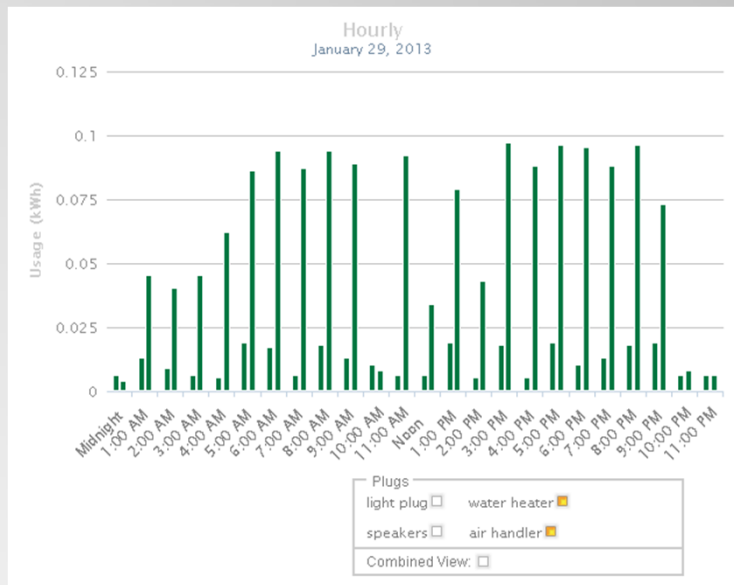


This graph shows run time on hydronic system set for 65 degrees 24/7 during a vacation period at design day temperatures with no ventilation system running, house closed tight and very limited miscellaneous plug loads (no lighting).

Point source heating is sometimes offered as a solution, it is rare that this option is compared in the same house to evaluate the quality of heat provided, when it is compared it often compared to a previous system that was poor at delivering comfort. Prior to turning on the ducted heating system, two thermostatically controlled 1500W space heaters were use to provide heat, with the same thermal enclosure these systems lacked uniformity in delivered temperatures.




Watt draws from smart plug for air handler fan and pump



 **air handler**
is manually **ON**
consuming **97 Watts**

Daily Usage
1 kWh

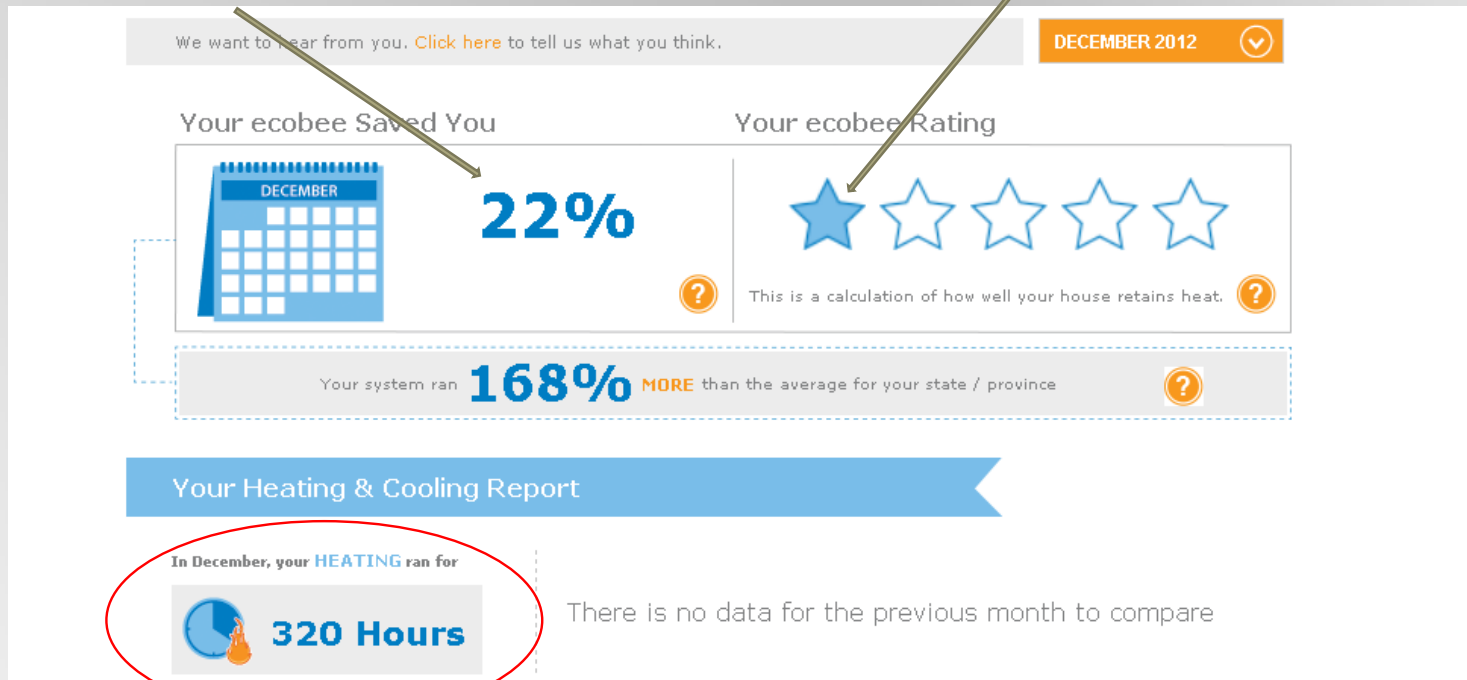
 **water heater**
is programmed **ON**
consuming **6 Watts**

Daily Usage
217 Wh

Watt draws from
vertex combustion fan

Funny I don't remember the thermostat doing this

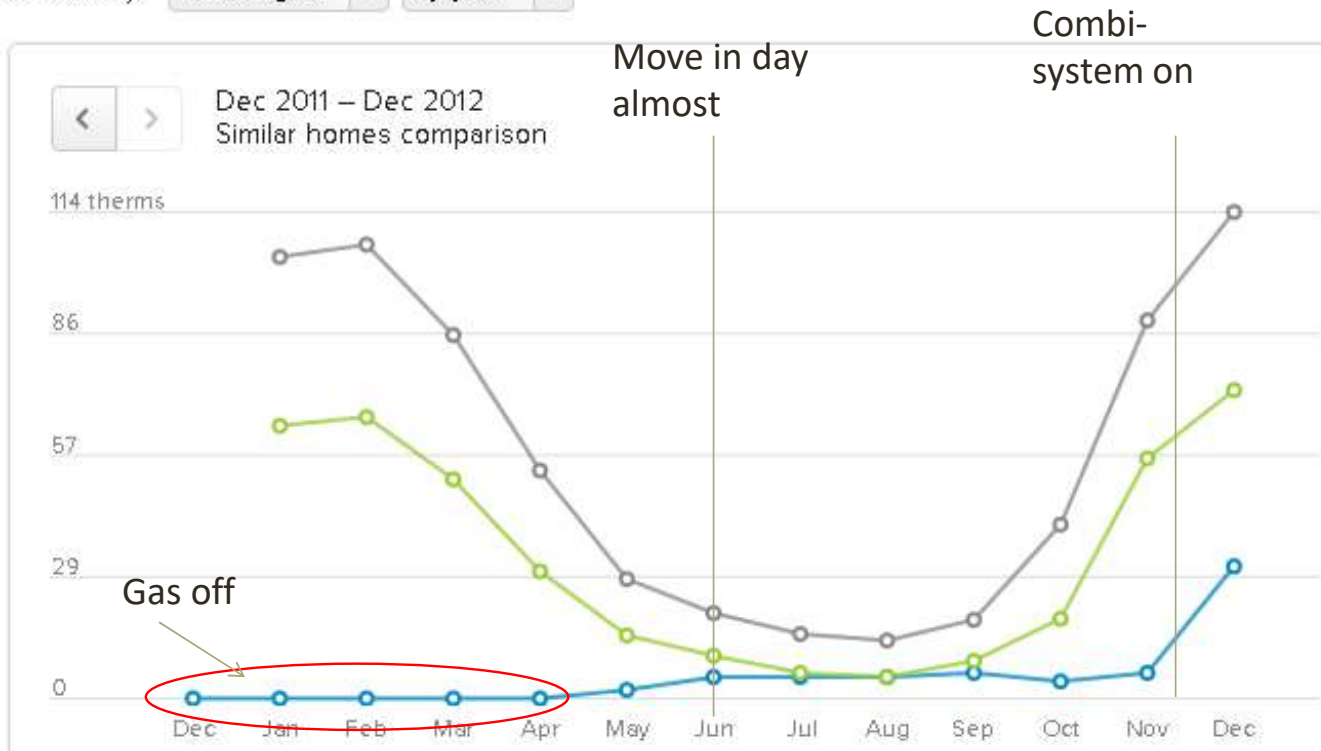
Is my house really this bad?



- Generic advice on energy performance given by ecobee and emonitor consistently rate the energy performance of my house as poor. Lesson feedback is good so long as it is accurate.

My Energy Use

Show my natural gas by year

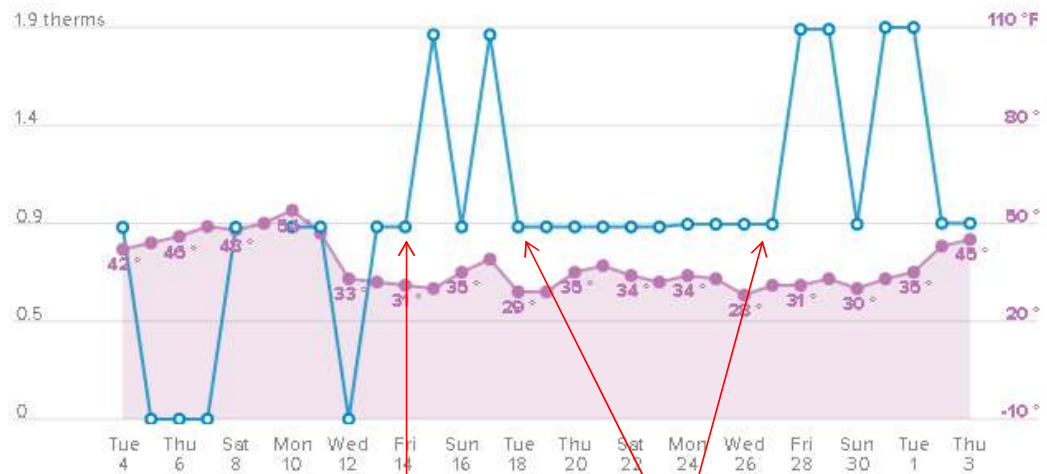


Blue line is my house, and this graph shows initial occupancy compared to other houses in the area of the same size, and efficient houses in the area of the same size.

My Energy Use

Show my

< > Dec 4, 2012 – Jan 3, 2013
My usage & weather

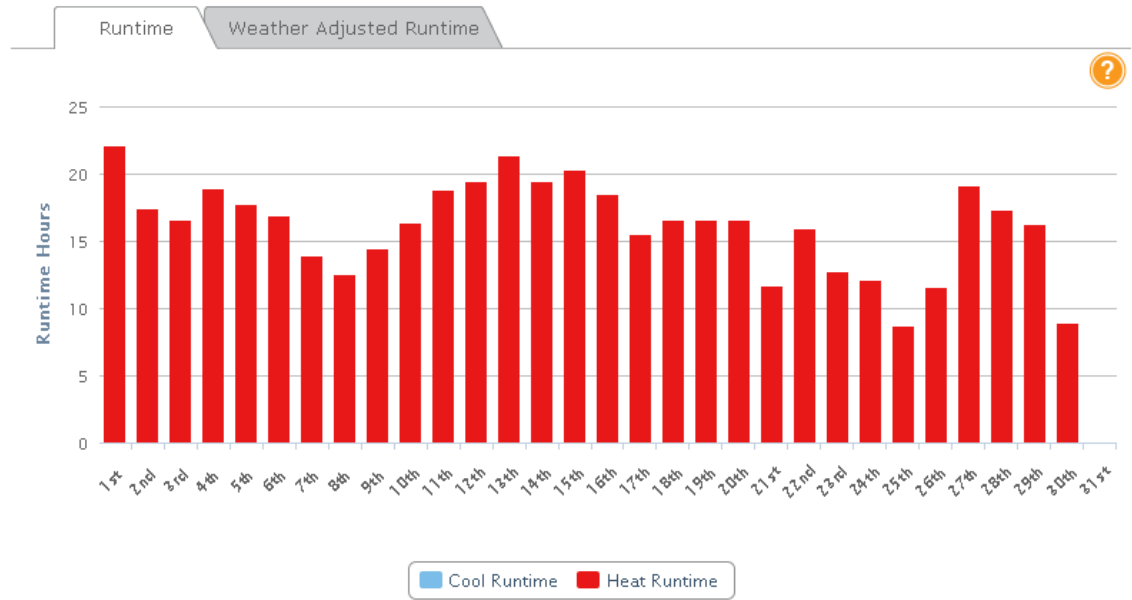


Air handler hooked up here

Vacation combi-heat only no domestic hot water draws

System 9% oversized at 3,400btu/hr

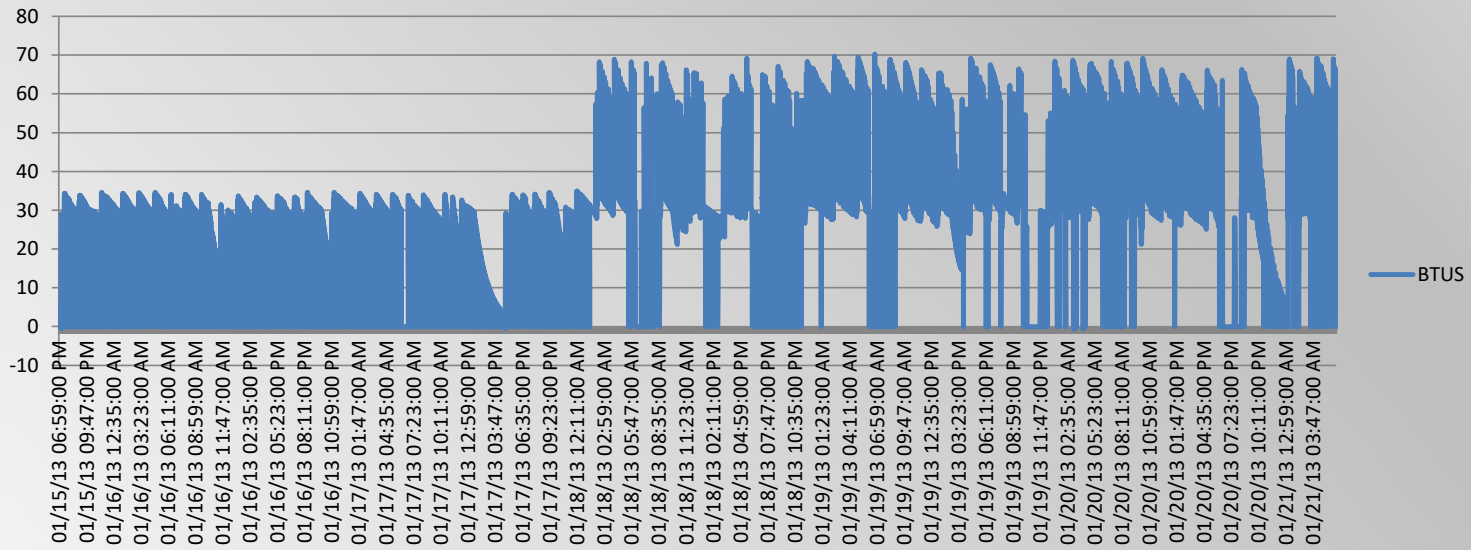
DAILY ▼ JANUARY 2013 ▼

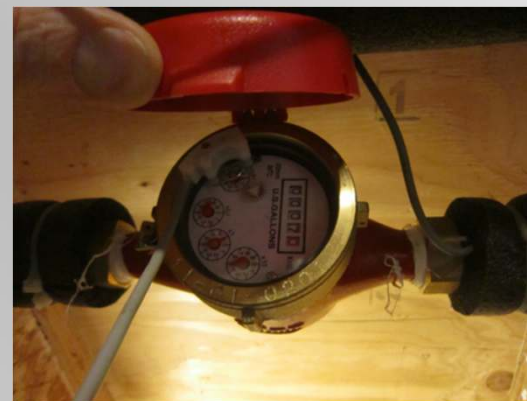
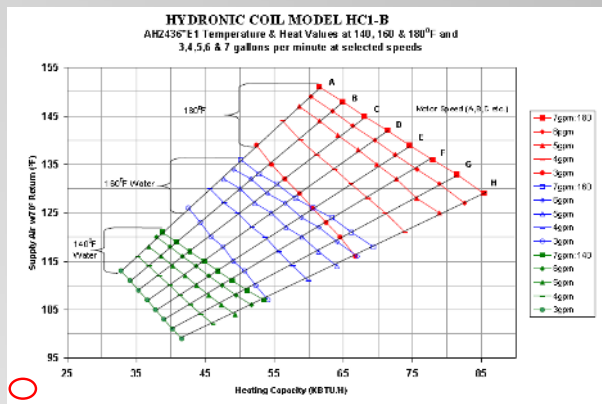


A low flow hot water meter is needed to commission a hydronic air handler effectively

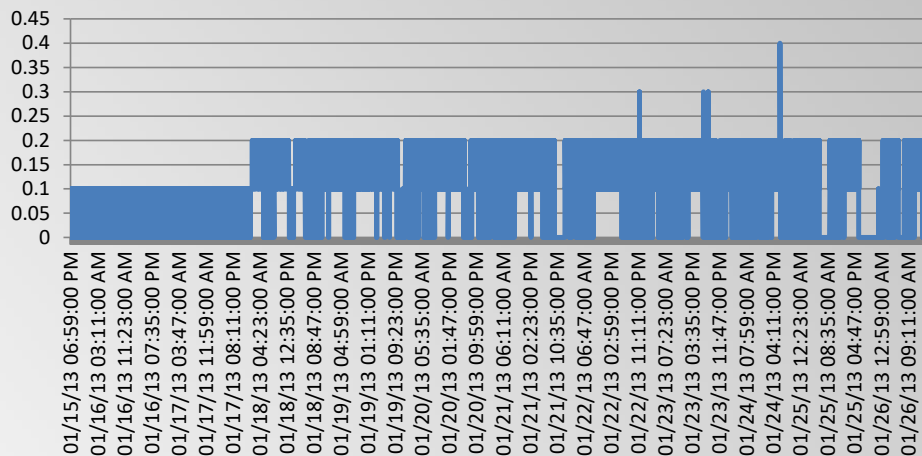


BTUS





Heat system water flow gpm corrected



— Heat system water flow gpm corrected

Average hourly BTUs from gas heated water 1800-4200 BTU/ hr.

Average hourly BTU from fan and pump 229 BTU/hr

Your Services

Current billing period Previous billing period



7812578279

111 MILL ST
NEVADA CITY, CA 95959
Meter Number: 410234A

[Usage history](#)
[View Nearby Gas Transmission Pipelines](#)

Total billing days: 31

Average cost per therm: \$1.03 ?

Average use per day: 1.00 Therms ?



7812578809

111 MILL ST
NEVADA CITY, CA 95959
Meter Number: 1007739141

[Usage history](#)
[View Nearby Gas Transmission Pipelines](#)

Total billing days: 31 PDP Event Days: 0 ?

Average cost per kWh: \$0.13 ?

Average use per day: 8.97 kWh ?

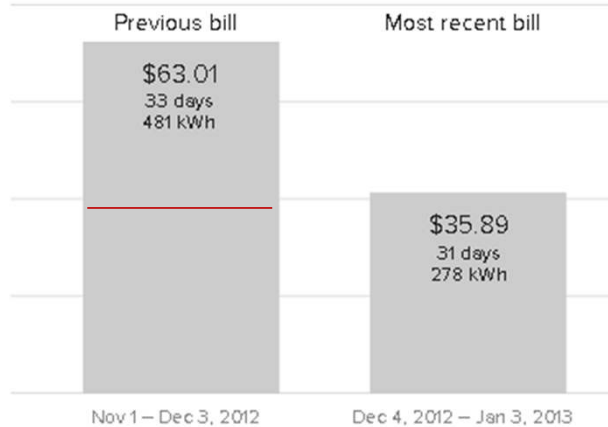
TYPE	DATE	USAGE	UNITS	COST
Natural gas usage	12/4/2012	0.93	therms	\$0.89
Natural gas usage	12/5/2012	0	therms	\$0.00
Natural gas usage	12/6/2012	0	therms	\$0.00
Natural gas usage	12/7/2012	0	therms	\$0.00
Natural gas usage	12/8/2012	0.93	therms	\$0.89
Natural gas usage	12/10/2012	0.93	therms	\$0.89
Natural gas usage	12/11/2012	0.93	therms	\$0.89
Natural gas usage	12/12/2012	0	therms	\$0.00
Natural gas usage	12/13/2012	0.93	therms	\$0.89
Natural gas usage	12/14/2012	0.93	therms	\$0.89
Natural gas usage	12/15/2012	1.86	therms	\$1.78
Natural gas usage	12/16/2012	0.93	therms	\$0.89
Natural gas usage	12/17/2012	1.86	therms	\$1.78
Natural gas usage	12/18/2012	0.93	therms	\$0.89
Natural gas usage	12/19/2012	0.93	therms	\$0.89
Natural gas usage	12/20/2012	0.93	therms	\$0.89
Natural gas usage	12/21/2012	0.93	therms	\$0.89
Natural gas usage	12/22/2012	0.93	therms	\$0.89
Natural gas usage	12/23/2012	0.93	therms	\$0.89
Natural gas usage	12/24/2012	0.94	therms	\$0.90
Natural gas usage	12/25/2012	0.94	therms	\$0.90
Natural gas usage	12/26/2012	0.94	therms	\$0.90
Natural gas usage	12/27/2012	0.94	therms	\$0.90
Natural gas usage	12/28/2012	1.89	therms	\$1.80
Natural gas usage	12/29/2012	1.89	therms	\$1.80

Daily gas consumption when running vertex as combi-system.

Compare My Bills

Compare my

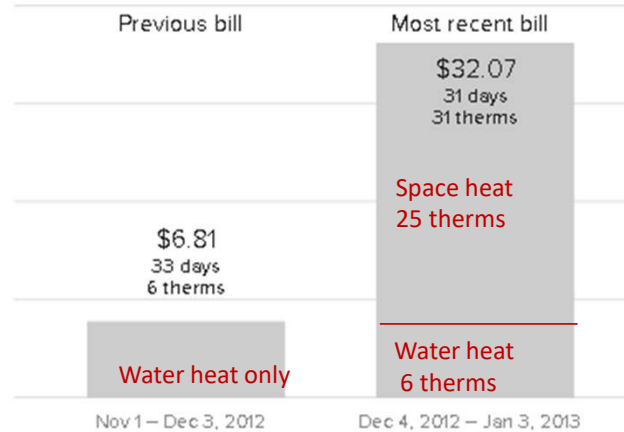
✔ You spent \$27 less compared to your



Compare My Bills

Compare my

! You spent \$25 more compared to your



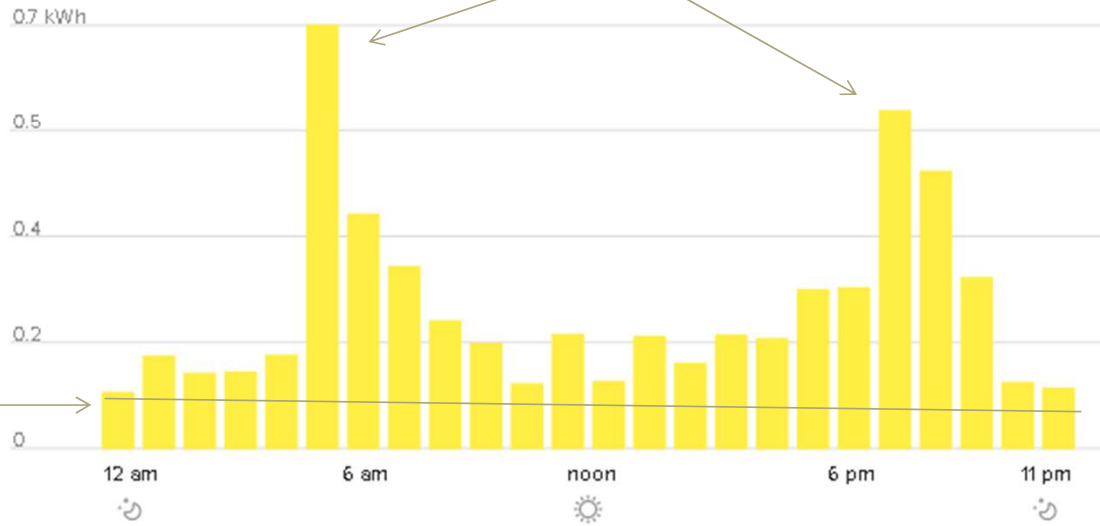
My Energy Use

Show my electricity by day

Highest daily electric loads for the house are cooking (pre electric heat)



Tue, Jan 29, 2013
My usage



heat

Case study

Radon in a .58 ACH50 home

OUR Goal is to understand this and lower our levels not to 4Pci/L but as closed to outdoor ambient as possible. Preliminary Radon test is 44 Pci/L

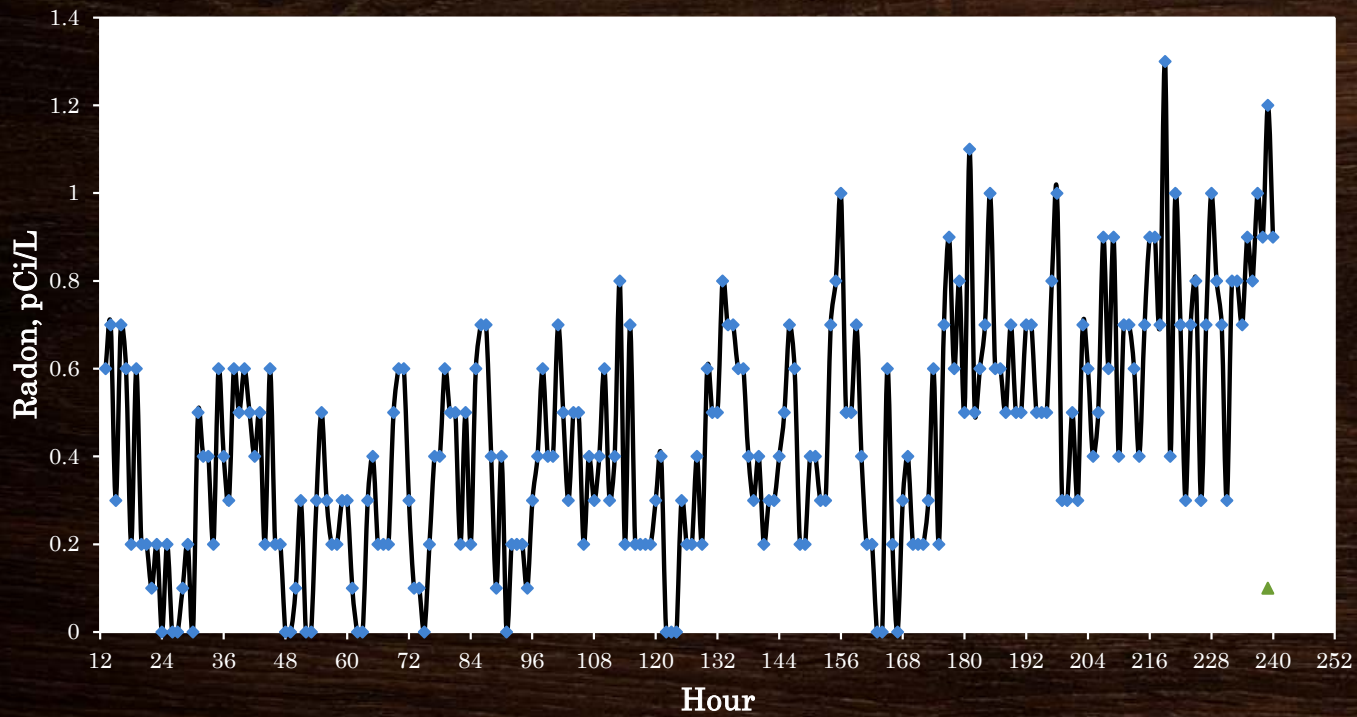


Initial test

Test Conditions June 2013-Feb 2014

- Summertime no daytime ventilation (no active cooling), nighttime passive ventilation, active sub-slab depressurization
- Summertime no daytime ventilation (no active cooling), nighttime passive ventilation, passive sub-slab depressurization
- Summertime exhaust only ventilation (no active cooling), nighttime passive ventilation, active sub-slab depressurization with fan cyclers house closed condition.
- Wintertime closed house condition 24/7, no ventilation, point source heat, active sub-slab depressurization.
- Wintertime closed house condition 24/7, no daytime ventilation, central forced air heat, no active sub-slab depressurization, unoccupied.
- Wintertime closed house condition 24/7, HRV on Medium Speed, central forced air heat, no active sub-slab depressurization.
- Wintertime closed house condition 24/7, HRV on Low Speed, central forced air heat, no active sub-slab depressurization.
- Wintertime closed house condition 24/7, HRV on Low Speed, central forced air heat, active sub-slab depressurization.
- Wintertime closed house condition 24/7, HRV on Low Speed, central forced air heat, active sub-slab depressurization with variable speed controller.

AVERAGE RADON LEVEL pCi/L .4

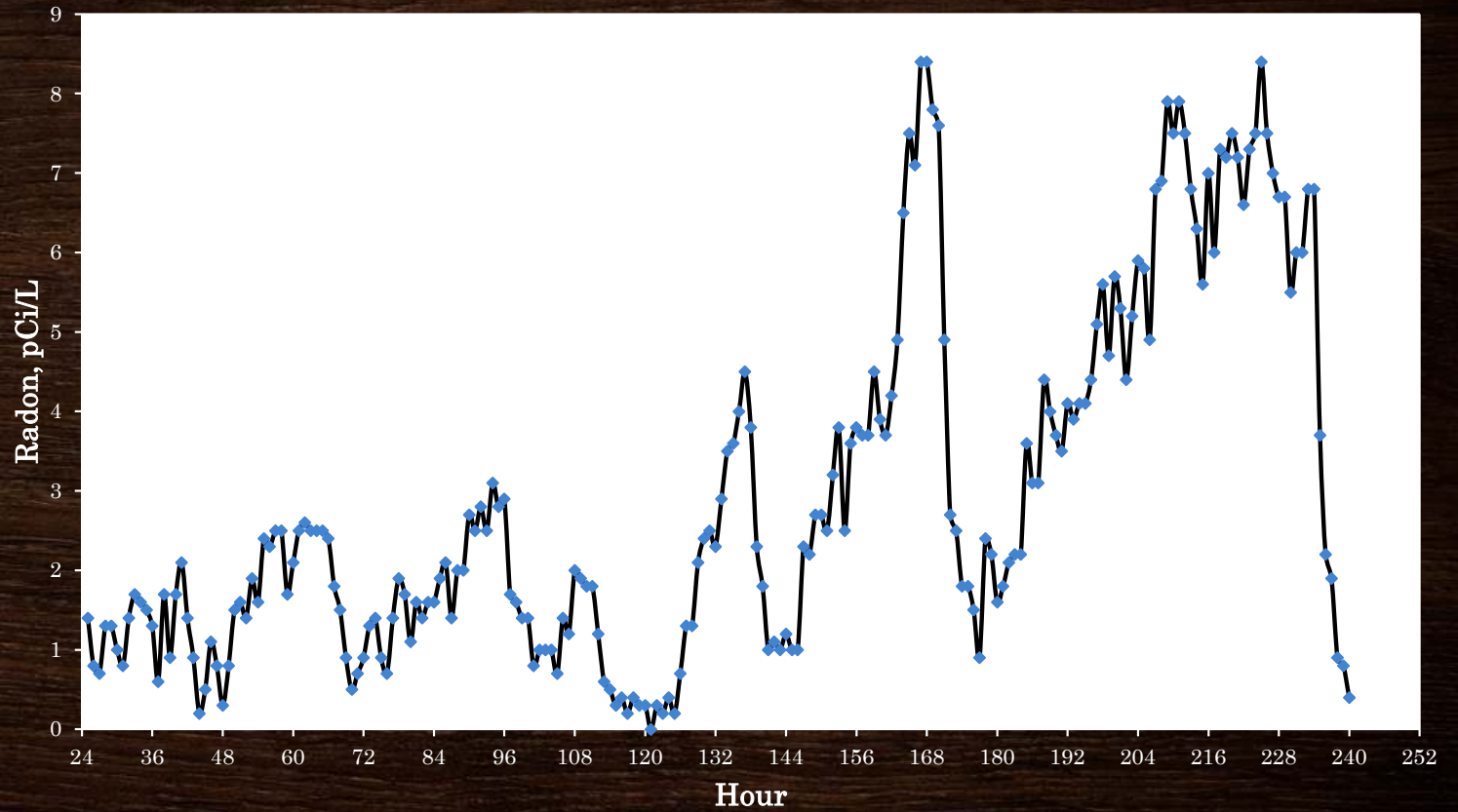


Continuous Radon Monitor



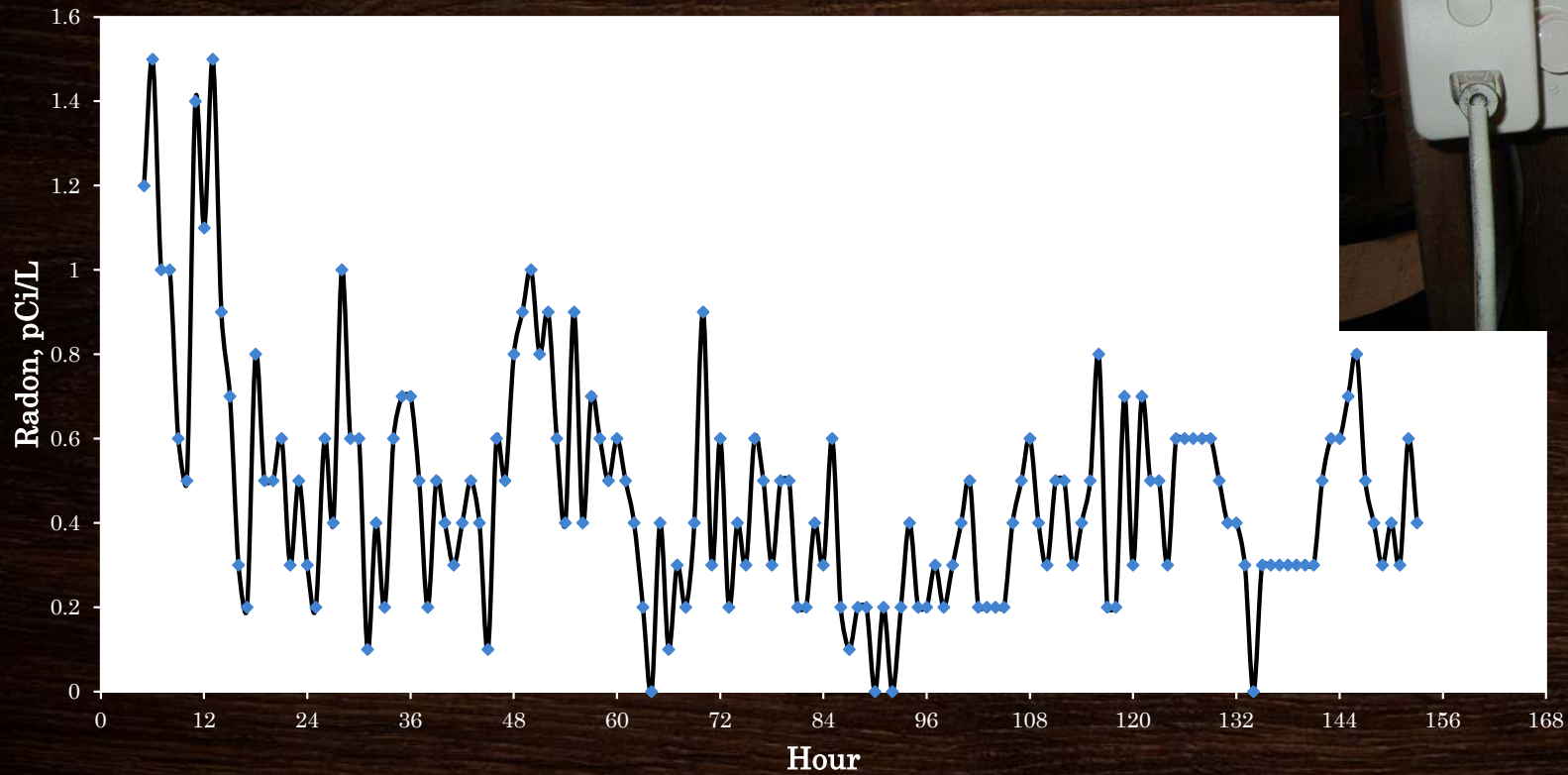
RADON FAN ON, NO DAYTIME VENTILATION,
NIGHTTIME OPEN WINDOWS (SUMMER)

AVERAGE RADON LEVEL PCI/L 2.9



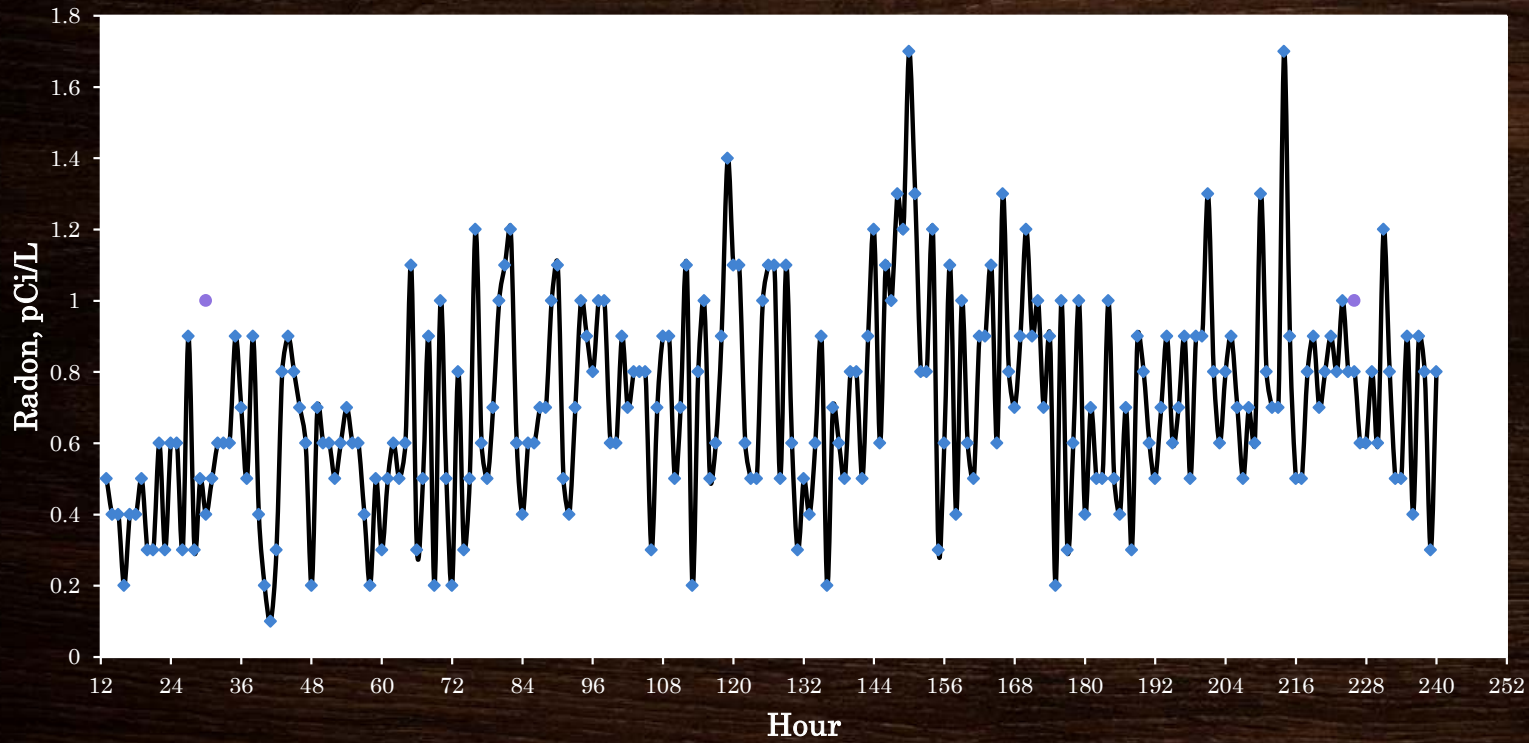
RADON FAN OFF, NO DAYTIME VENTILATION,
NIGHTTIME OPEN WINDOWS (SUMMER)

AVERAGE RADON LEVEL PCI/L .4



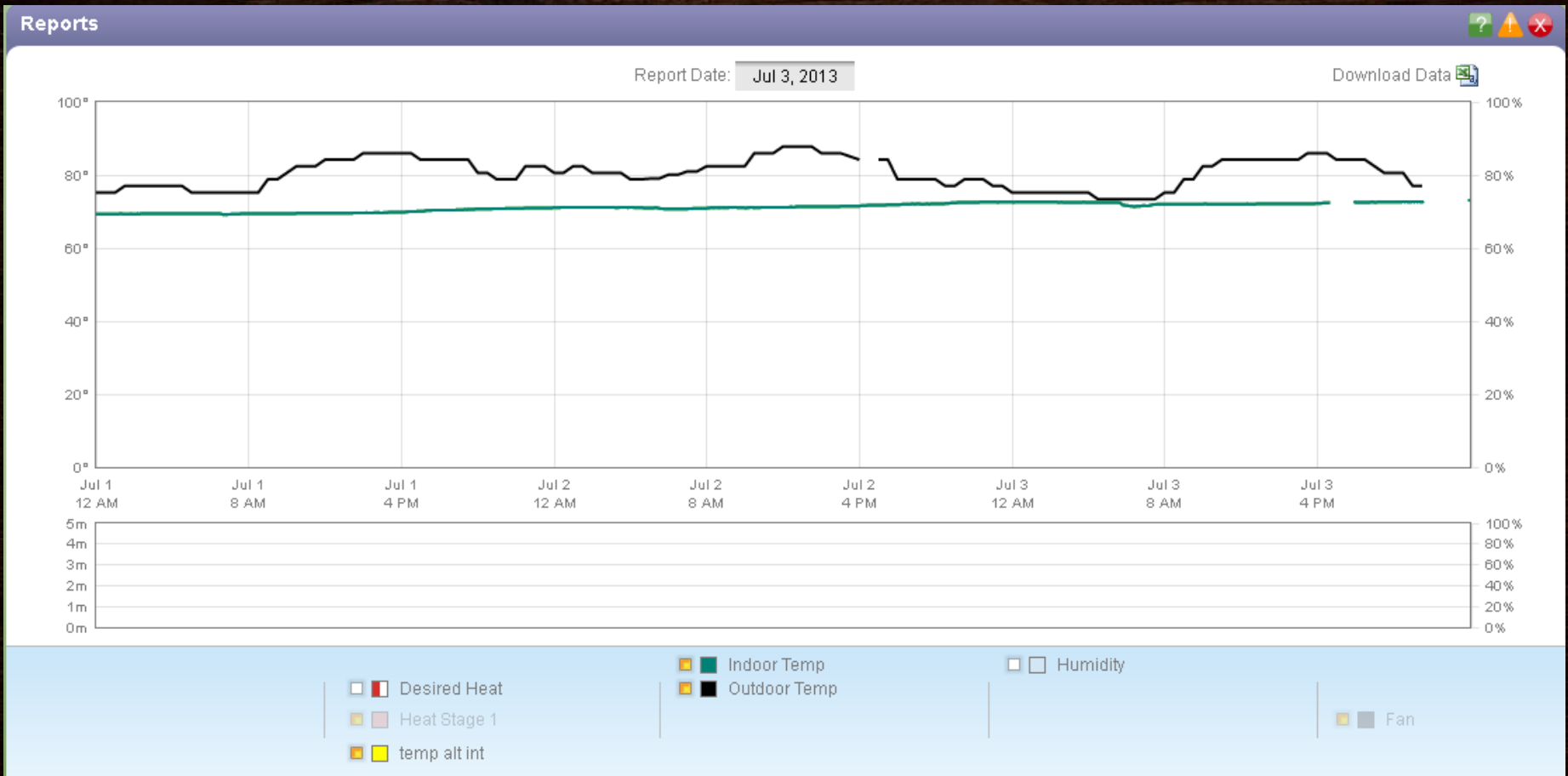
CYCLING RADON FAN, WINDOW OPEN @ NIGHT
RADON FAN SCHEDULED TO RUN DAYTIME,
HOUSE CLOSED NO OTHER VENTILATION

AVERAGE RADON LEVEL PCI/L .7

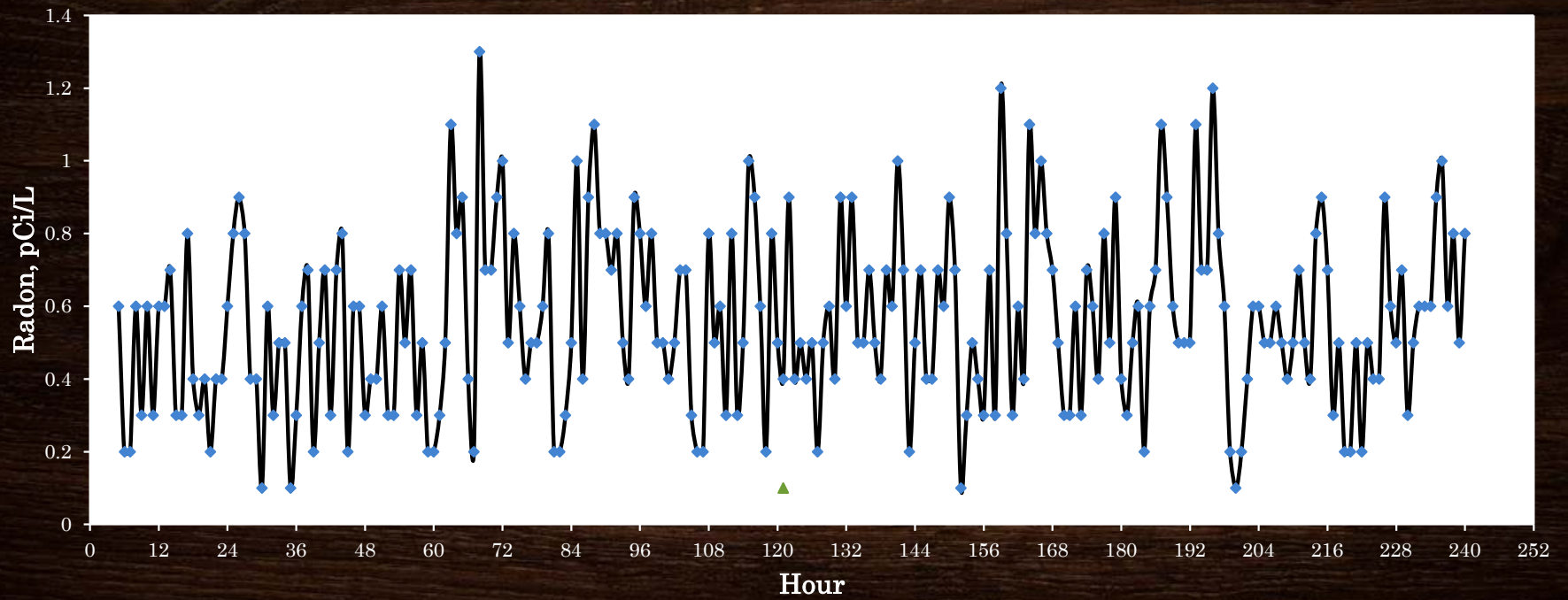


FAN CYCLING CONTINUED WINDOWS OPEN 7HRS DAILY

NIGHT LOW TEMPS CONSISTENTLY ABOVE 80F

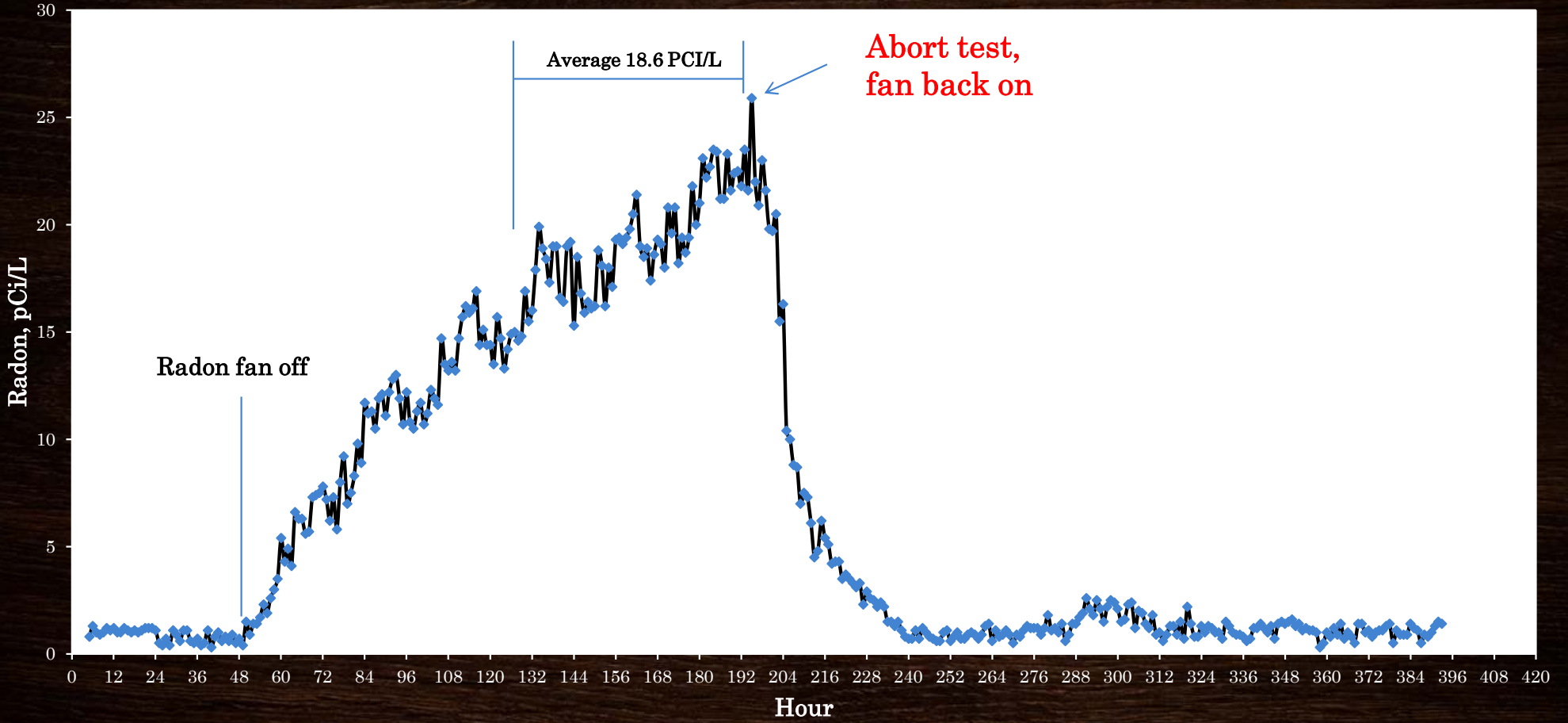


AVERAGE RADON LEVEL PCI/L .5



FAN CYCLING CONTINUED

AVERAGE RADON LEVEL PCI/L 6.7



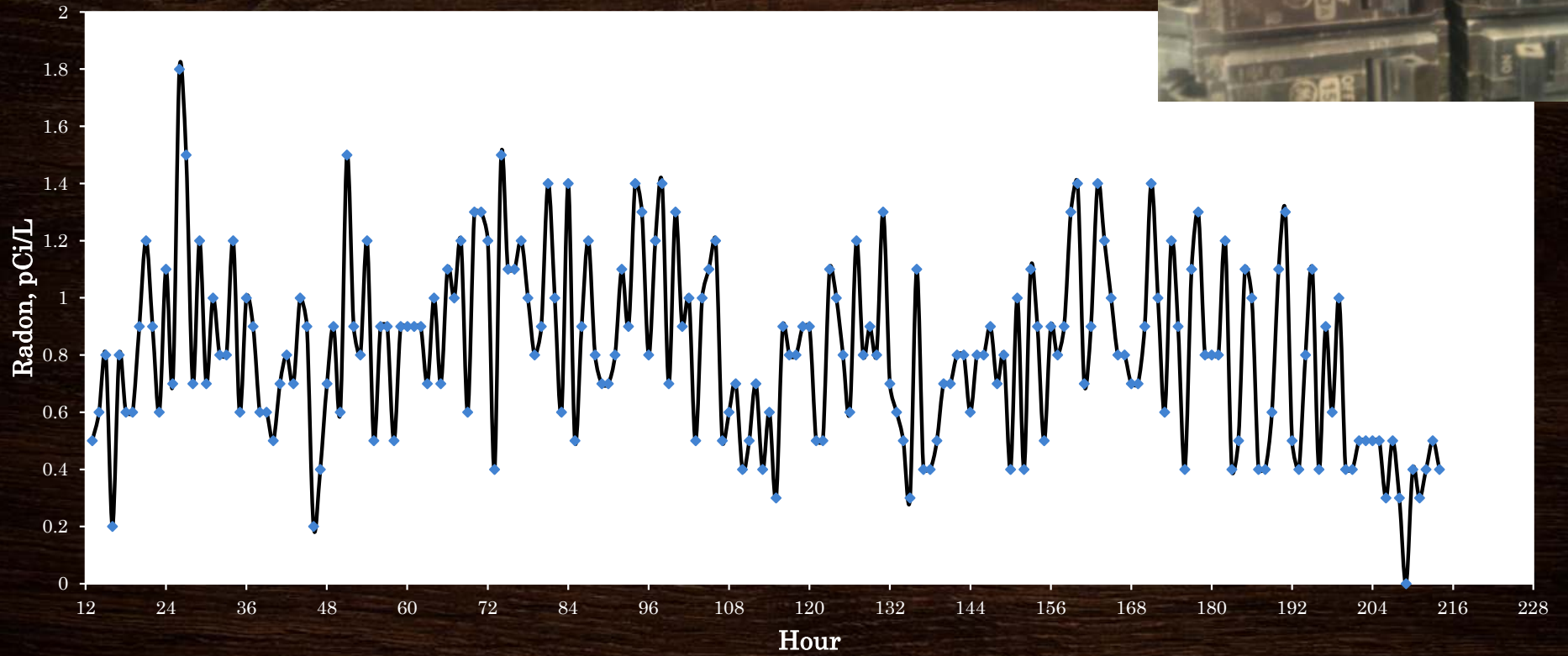
Abort test,
fan back on

Radon fan off

Average 18.6 PCI/L

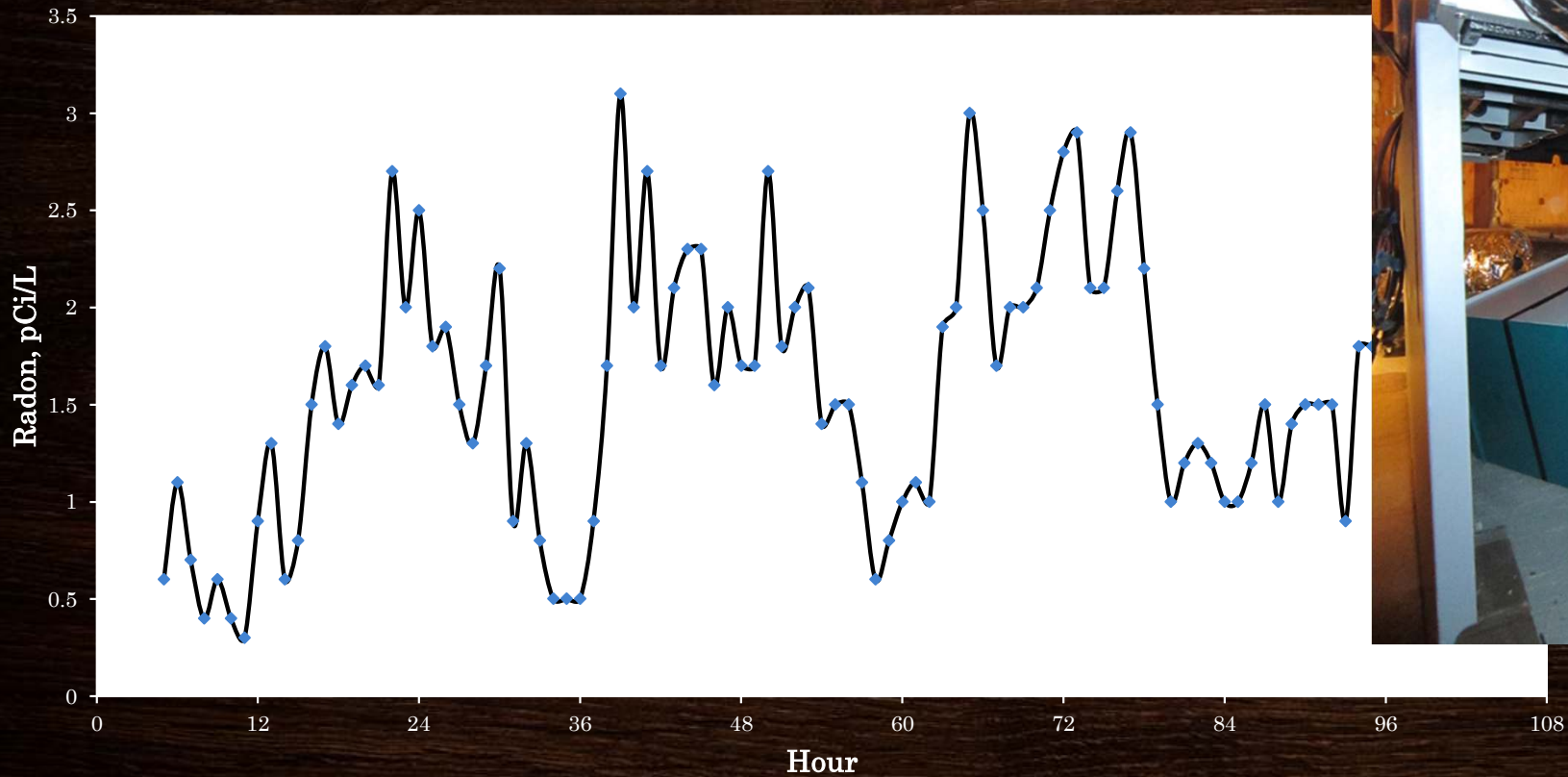
ALL SYSTEMS OFF VACATION UNOCCUPIED

AVERAGE RADON LEVEL PCI/L .8



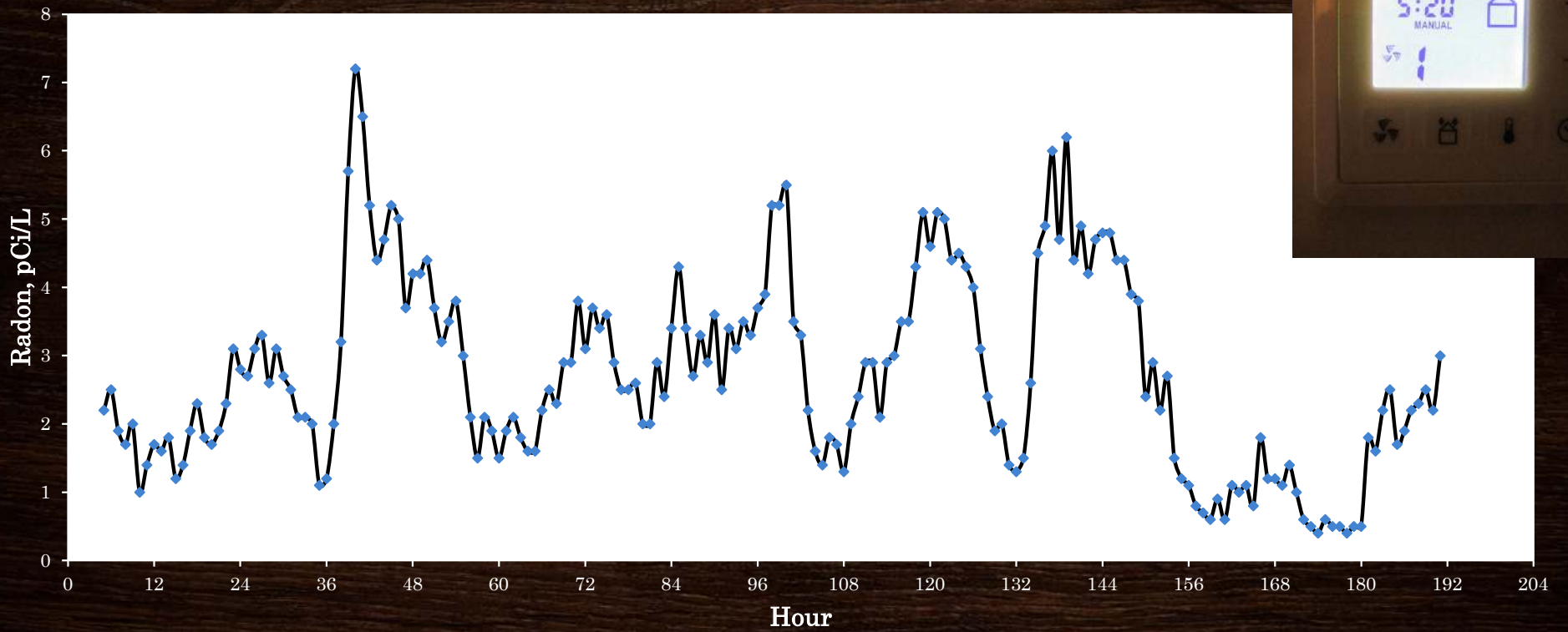
RADON FAN ON, NO VENTILATION, HOUSE CLOSED, WINTERTIME CONDITIONS

AVERAGE RADON LEVEL PCI/L 1.5



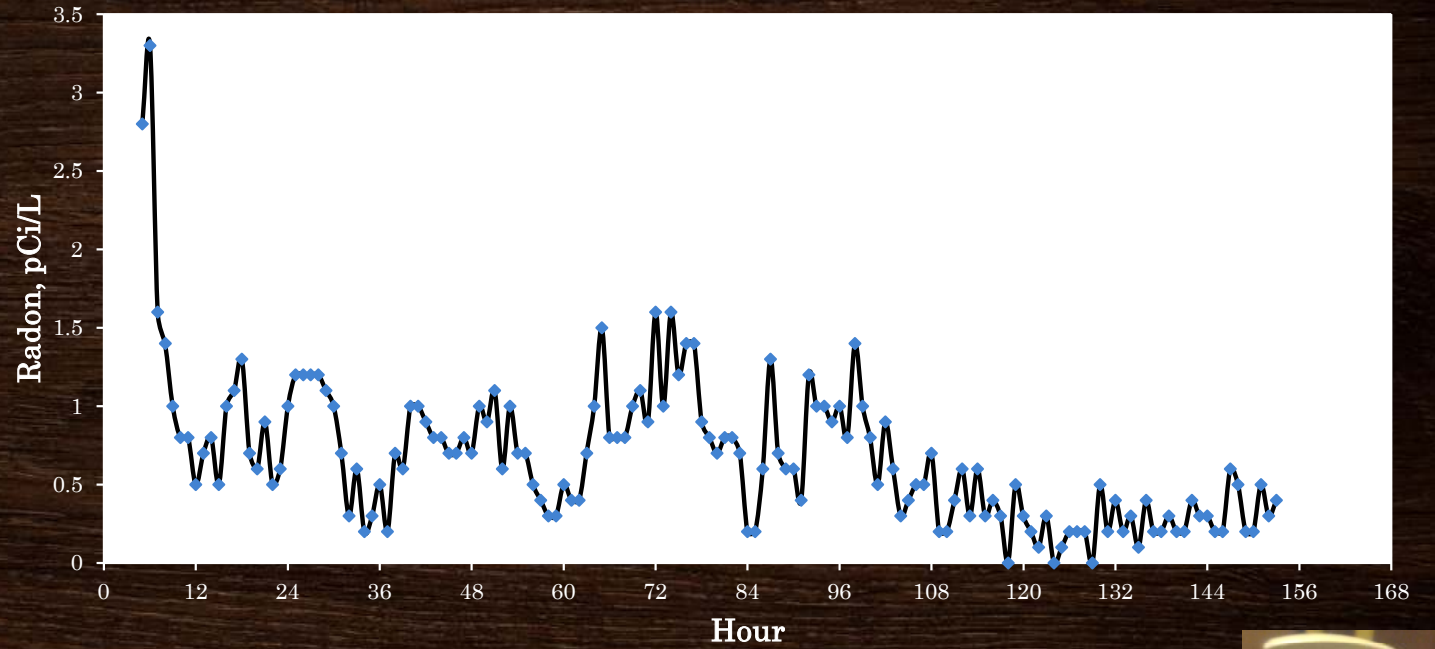
RADON FAN OFF, HRV MEDIUM (78CFM)

AVERAGE RADON LEVEL PCI/L 2.7



RADON FAN OFF, HRV LOW (53 CFM)

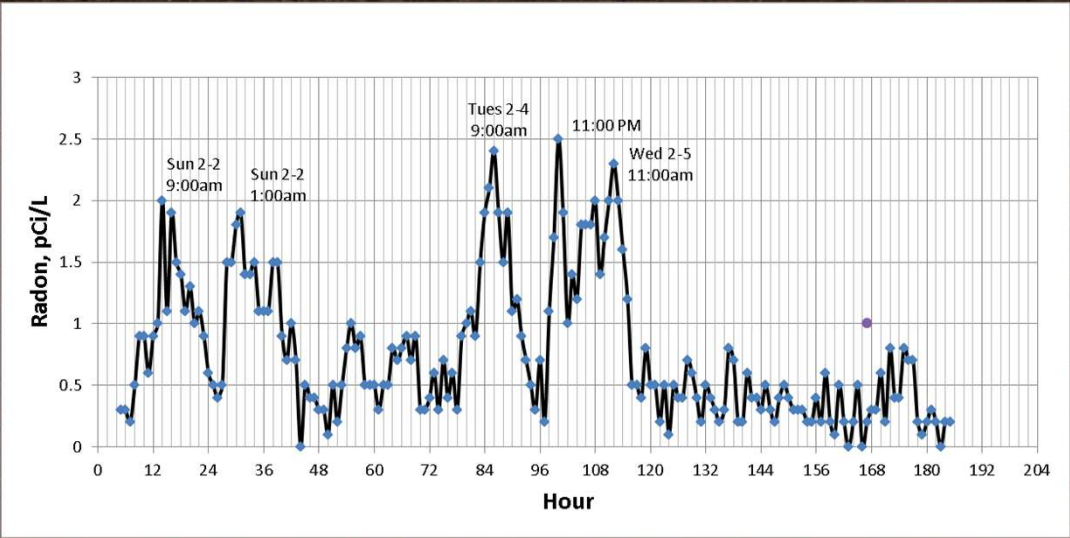
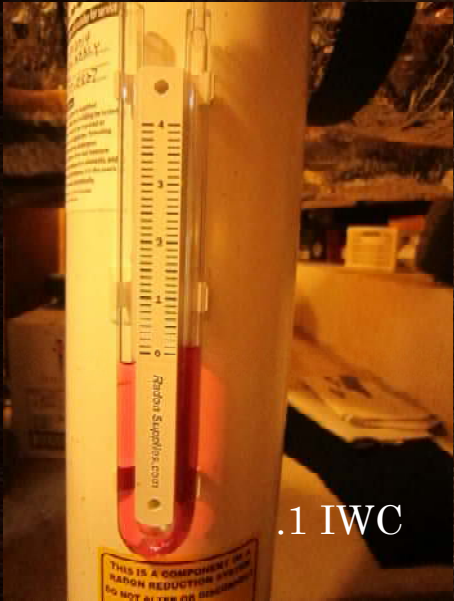
AVERAGE RADON LEVEL PCI/L .6



RADON FAN ON, HRV LOW (53CFM)

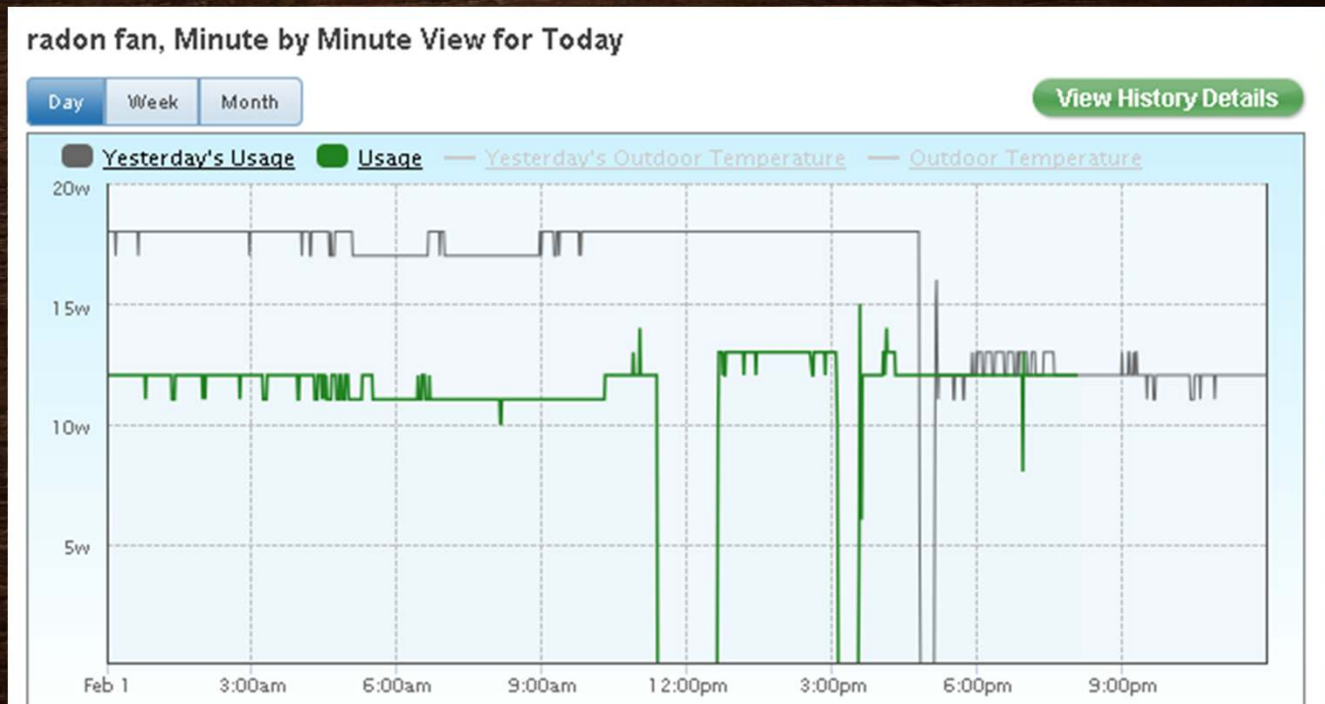


AVERAGE RADON LEVEL PCI/L .7 SYSTEM WITH VARIABLE SPEED CONTROL



LOW 32 CFM @ 11 WATTS OR 2.9CFM/WATT

SYSTEM WATT DRAW WITH VARIABLE SPEED CONTROL



HIGH 72 CFM @ 18 WATTS OR 4CFM/WATT



Radon fan consumption by fan speed.

QUANTIFYING HOUSE AIRFLOW FROM SUB-SLAB DEPRESSURIZATION



Initial results:

Radon fan on high is
38CFM from the house.

Radon fan on low is too
low to measure, less than
10CFM with ring 3



RANGE HOOD TESTING



Gavin Healy, Balance Point Home Performance

RANGE HOOD CRITERIA

- Quiet (less than 1.5 sones at design)
- Airflows installer adjustable based on ACH of house and desired volume of make up air
- Target airflow 50–200CFM
- High CFM per Watt, low absolute watt draw.
- Effective range of capacities (controlled depressurization)
- A hood that we could recommend to a variety of customers doing a kitchen remodel (one that they would pick based on aesthetics, one that we would pick for performance.)
- An exhaust appliance rated for kitchen exhaust (grease) do not want to rely on HRV for kitchen exhaust.
- Capacity for effective damper to maintain house air tightness.

RATED FAN SPECS

ACT INTERNAL BLOWER with AIRFLOW CONTROL TECHNOLOGY™			
Min.-Max. CFM	250 - 590	250 - 440	250 - 290
Min.-Max. Sones	0.8 - 4.5	0.8 - 3	0.8 - 1.2

ACT 590 CFM - Fan Max. 130W @ 1.8A

ACT 440 CFM - Fan Max. 70W @ 1A

ACT 290 CFM - Fan Max. 35W @ .55A

Wiring Diagrams

Model: AK9428AS / AK9434AS

Voltage: 120V 60Hz

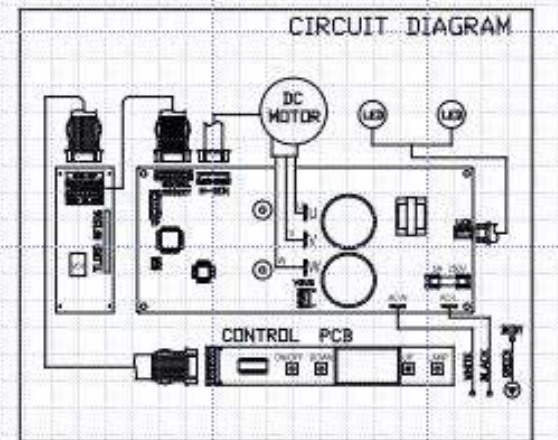
Power consumption

Total: Max. 219W @ 3.5A

Lamp: Max. 6Wx2

Fan: Max. 207W

Electronically Protected



Power consumption shown for default 715 CFM blower configuration

The range hood airflow was measured at each of the five speeds to test the how effective different backdraft dampers are at time of installing the new range hood. Note because the house is substantially airtight the test method for determining range hood air flow is the use of a blower door to match the negative pressure produce at each speed (the house is a plenum).



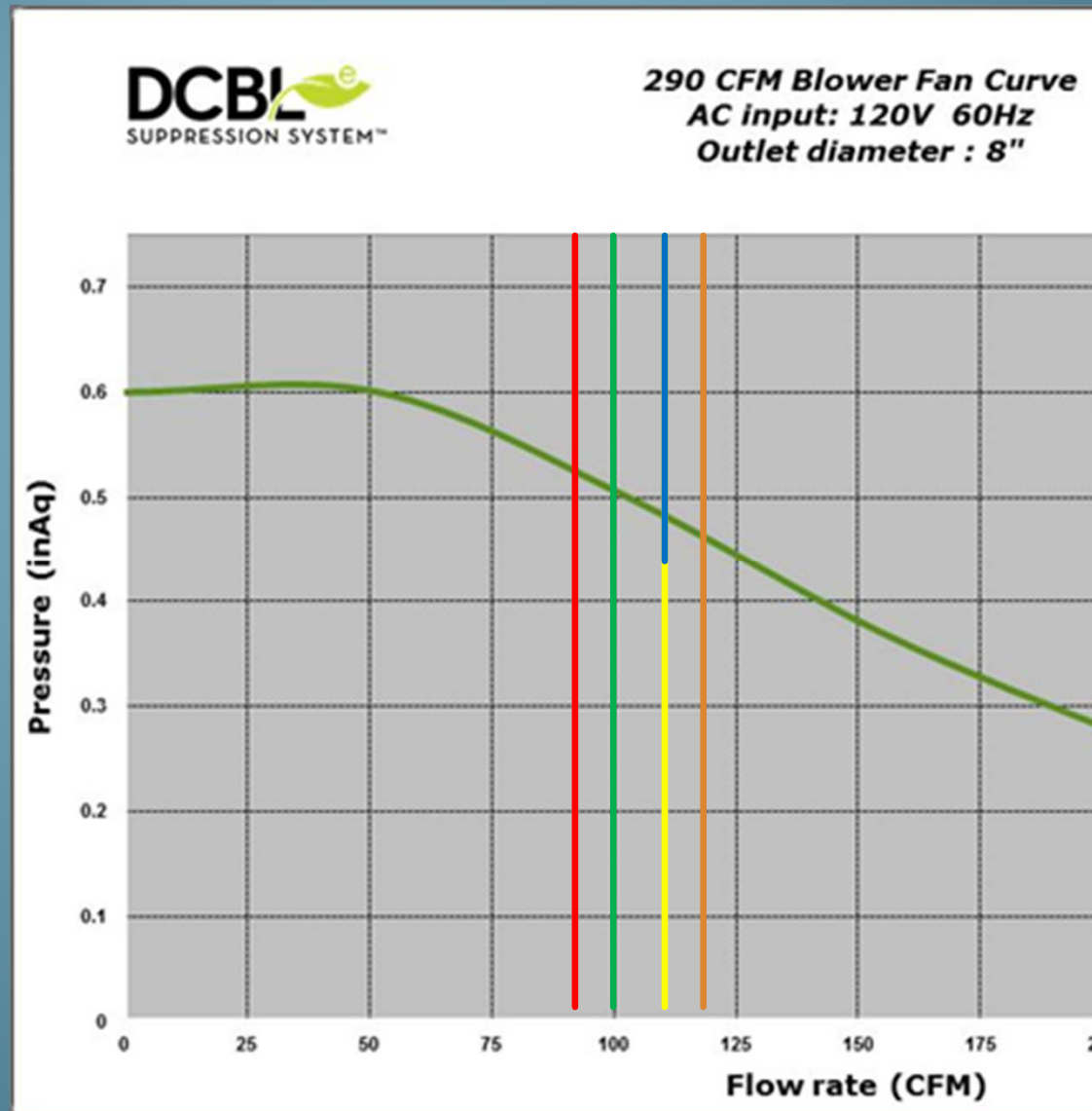
TEST 1 NO DAMPER OR CAP

NOTE: THE HOUSE AIR TIGHTNESS IS CREATING A MAJORITY OF THE BACK PRESSURE RESULTING IN FLOWS THAT ARE AT 30% OF RATED CAPACITY

Speed	Air flow	Watt draw
1	91	11.2
2	98	16.2
3	109	23.2
4	109	26.7
5	119	30

331 CFM50

PRE TEST
125 CFM50



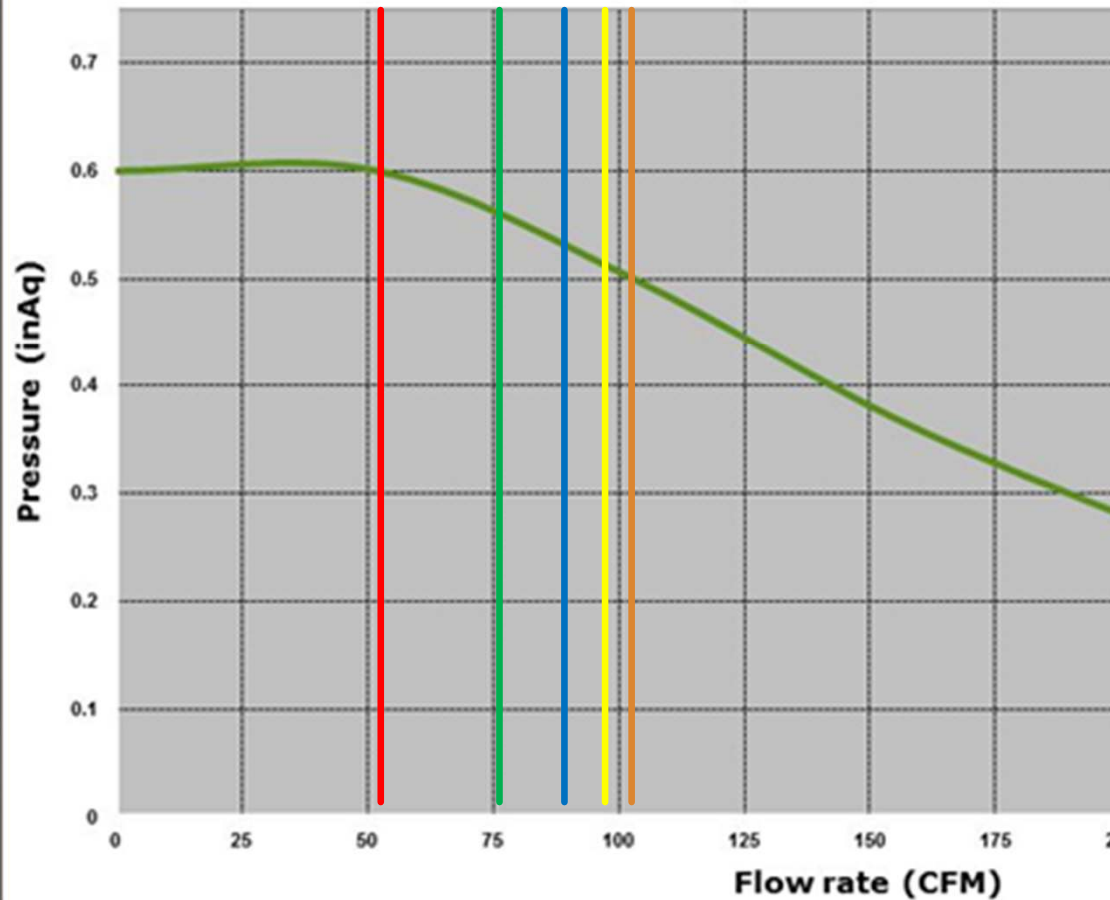
TEST 2
SPRING
LOADED
DAMPER
NO CAP

Speed	Air flow	Watt draw
1	53	12.3
2	77	17.8
3	94	24.6
4	98	27
5	103	30.6

145 CFM50



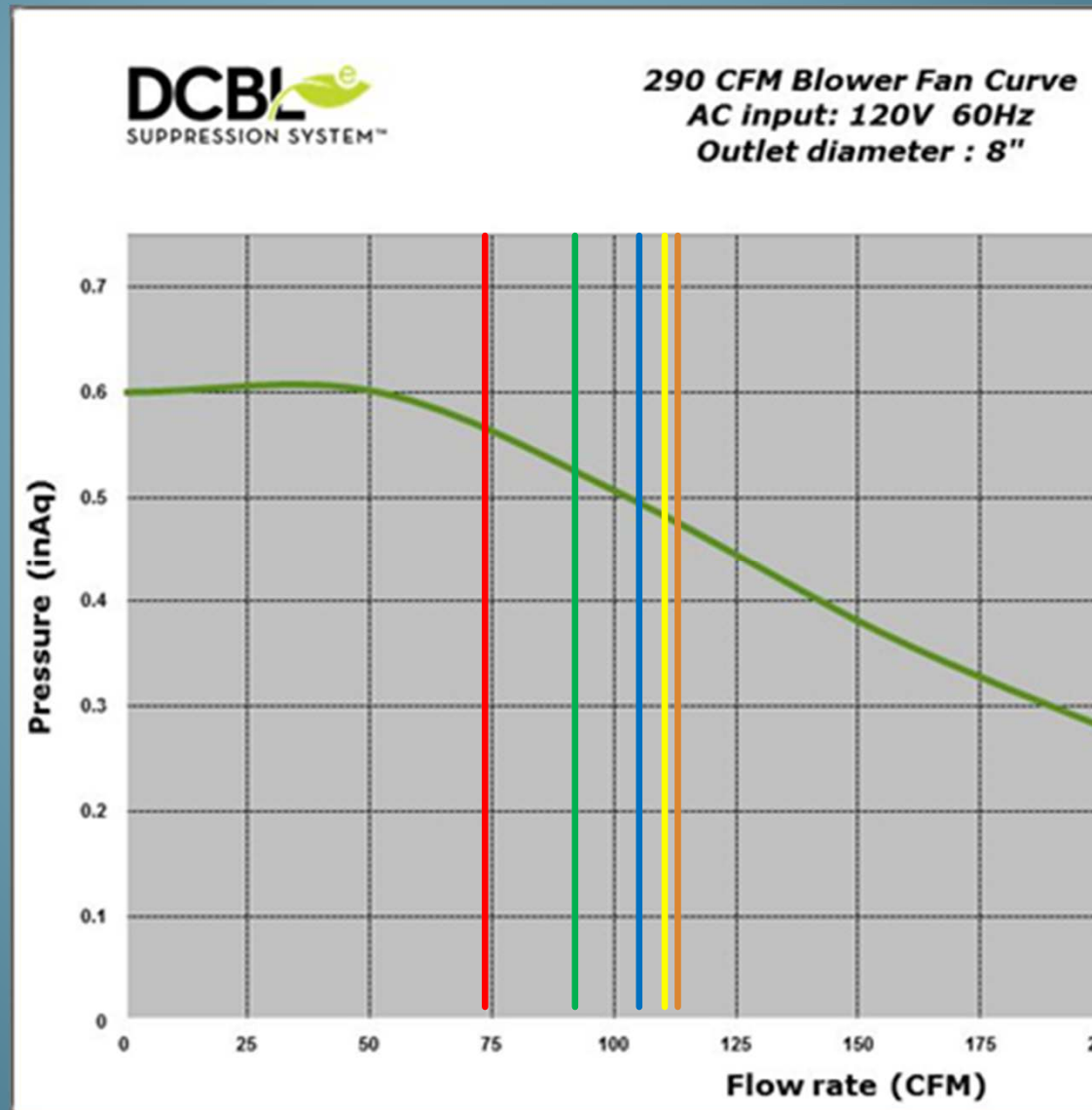
290 CFM Blower Fan Curve
AC input: 120V 60Hz
Outlet diameter : 8"



TEST 3
BUTTER FLY
DAMPER NO
CAP

Speed	Air flow	Watt draw
1	75	11.3
2	91	16.4
3	104	23.2
4	111	26.3
5	114	30.3

135 CFM50

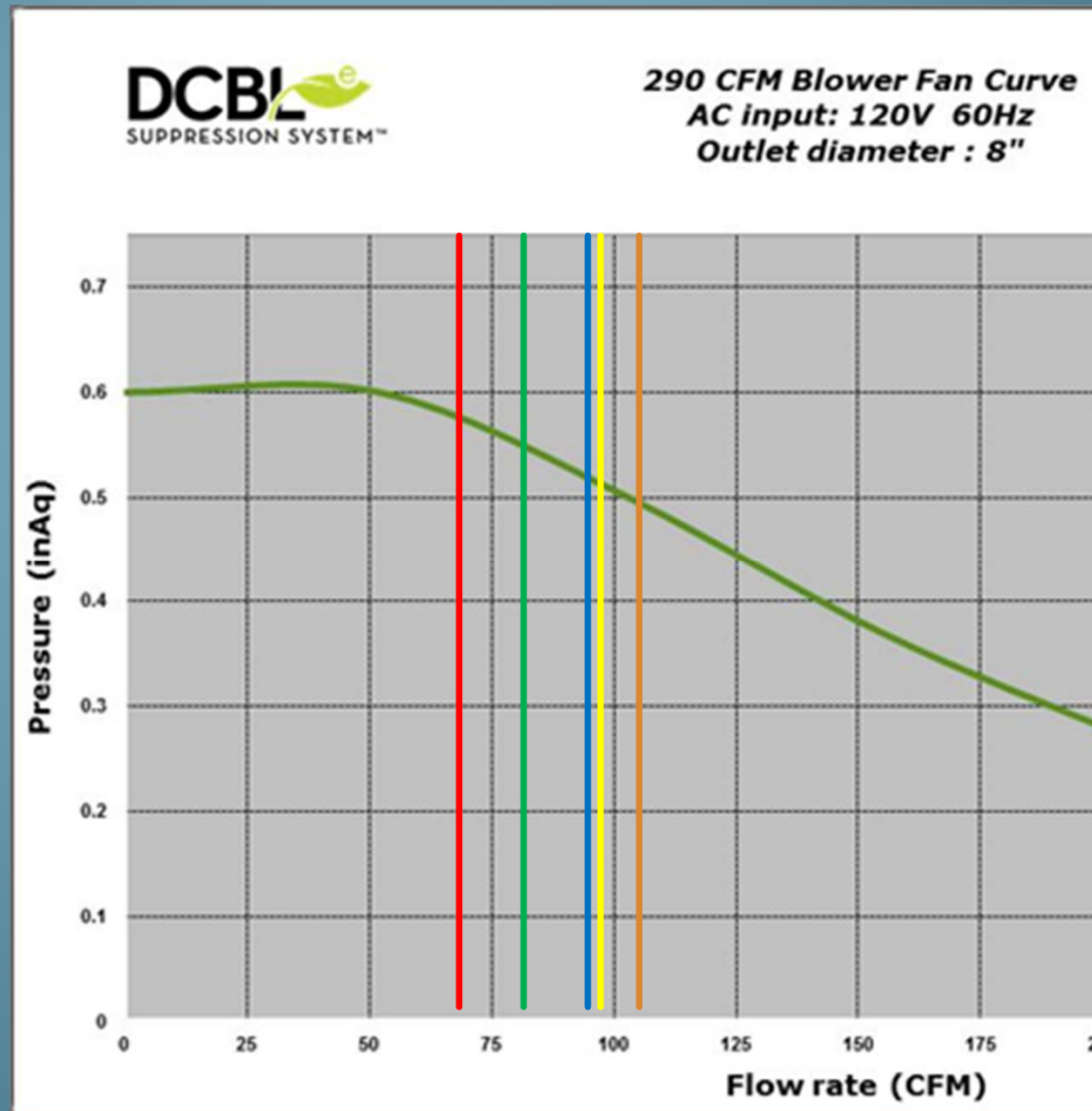


FINAL TEST (4) WITH CAP & BUTTER FLY DAMPER

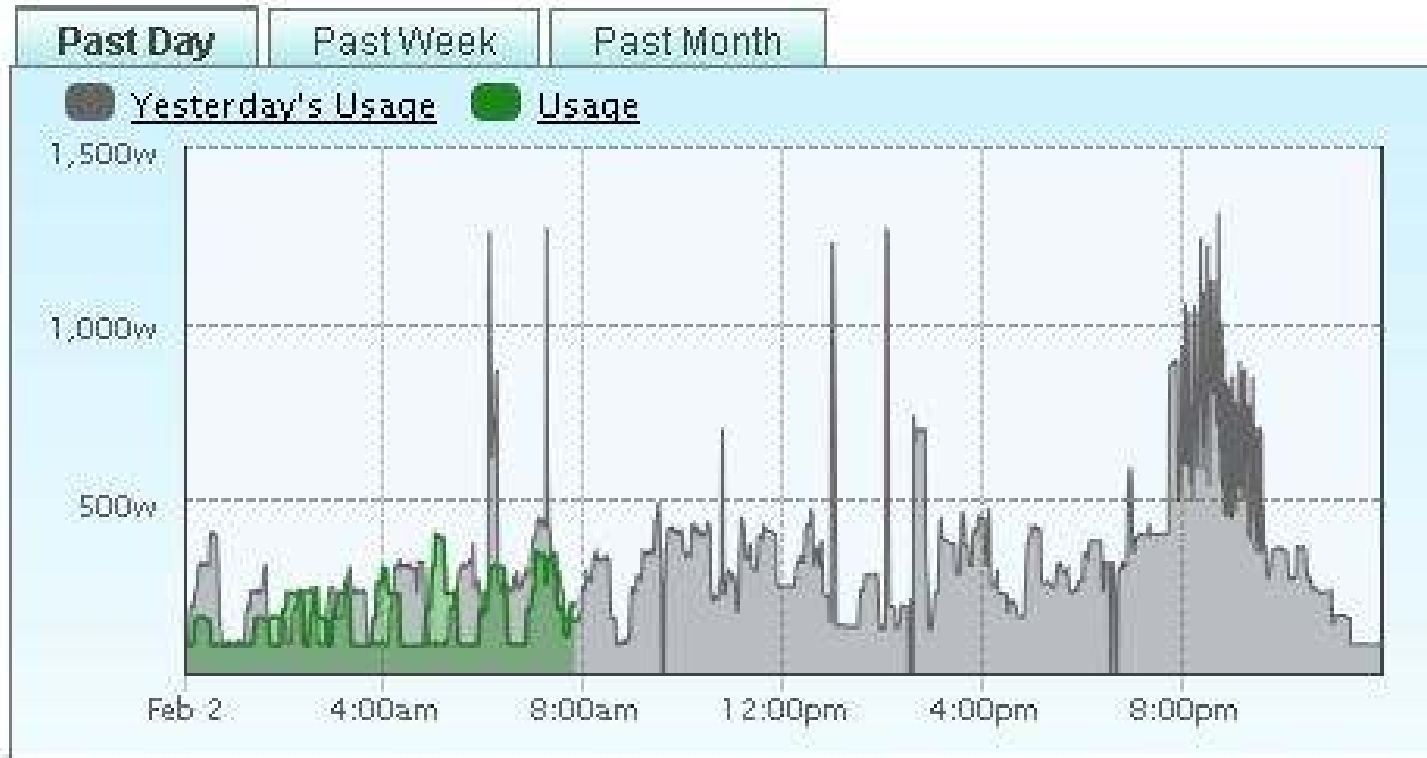
WHILE THE
AIRFLOWS ARE LOW
FOR THE LEVEL OF
DUCT
PERFORMANCE
THEY ARE IN LINE
WITH THE
INTENDED DESIGN

Speed	Air flow	Watt draw
1	69	11.3
2	81	16.4
3	94	23.2
4	97	26.3
5	102	30.3

143 CFM50



Cooking is the peak daily electric load prior to heat pump water heater



Click and drag in the plot area to zoom in.

[View Circuit Details](#)

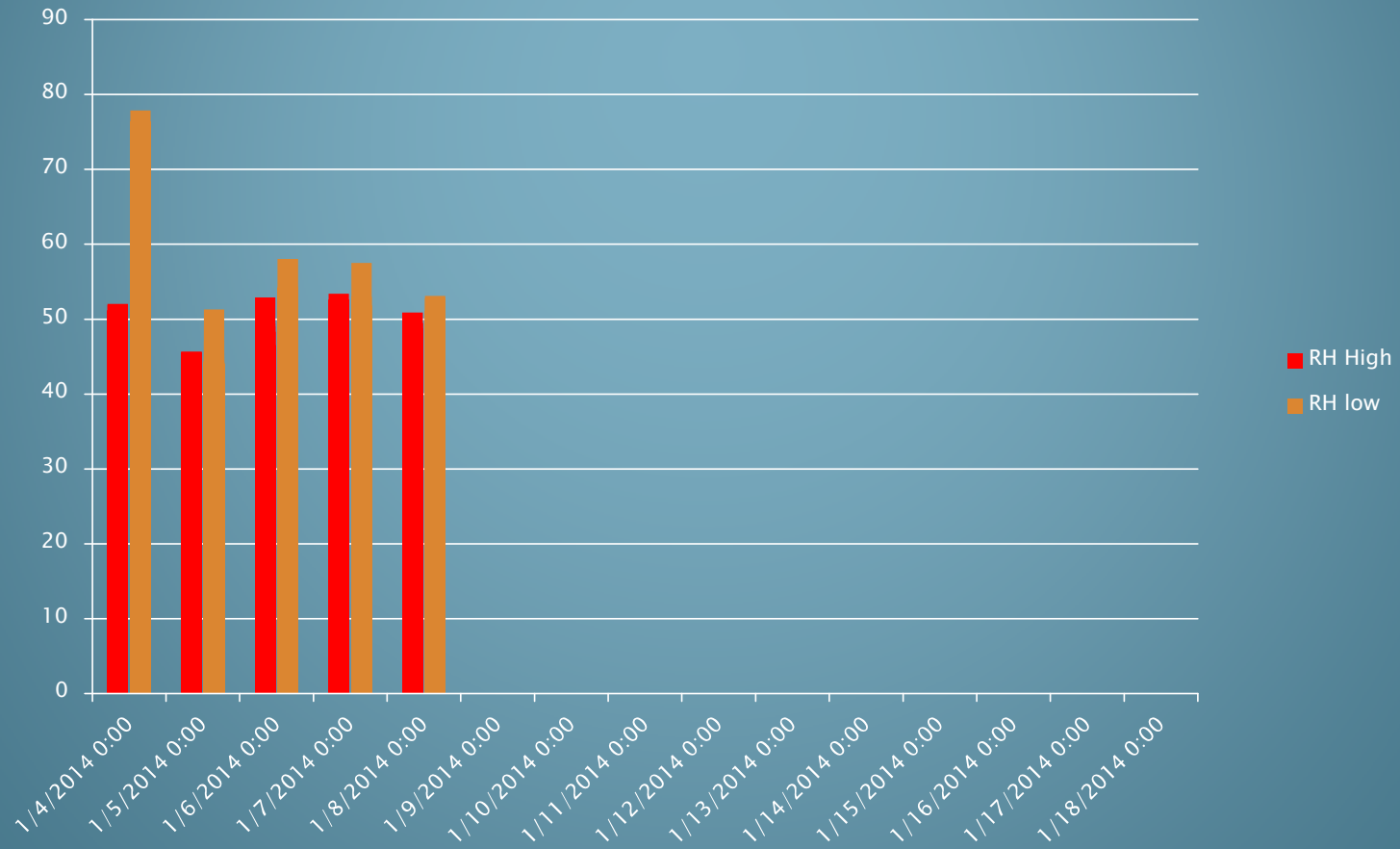
Internal Gain related to cooking with gas



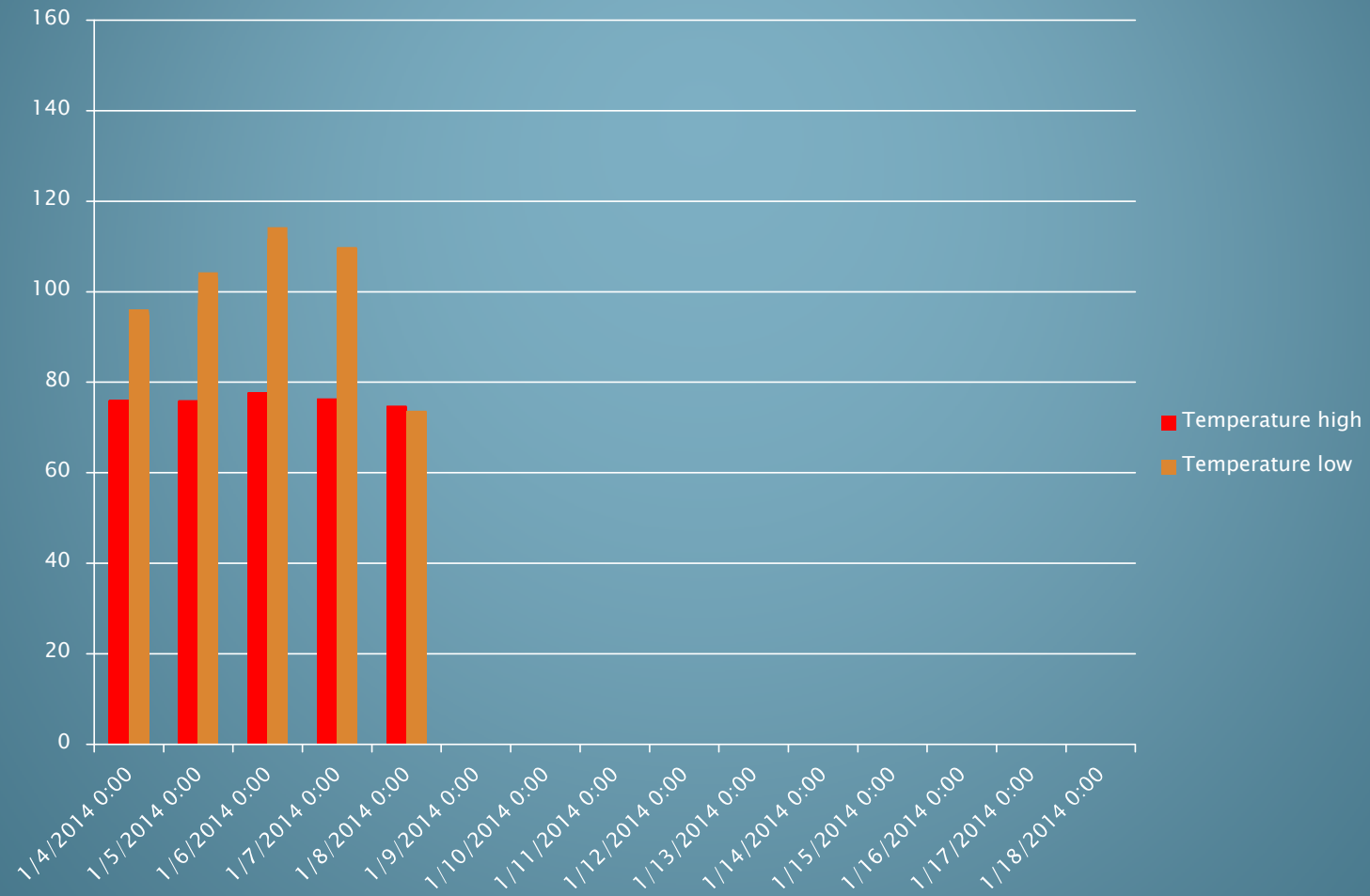
DOES CAPTURE EFFICACY CHANGE BASED ON THE ENCLOSURE TIGHTNESS?



Relative Humidity at capture and ceiling



Temperature at capture and ceiling



www.balancepointthp.com

balance point

home performance

Dan Perunko



build it zero

www.BuilditZero.com



Gavin Healy